

**Welcome to worship at Holy Trinity, Terrigal**  
**SEVENTH SUNDAY AFTER PENTECOST**  
**12<sup>th</sup> July 2026**



**8.00am – Sung Eucharist - Presiding and Preaching – Fr Mark Watson**  
***Organist – Chris Sillince***

**Hymns:** TIS 227, 201, 585, 217 (Tune: Blaenwern TIS 590)

**9.30am – Holy Eucharist - Presiding and Preaching – Fr Mark Watson**  
***Organist – Chris Sillince***

**Hymns:** TIS 227, 201, 585, 217 (Tune: Blaenwern TIS 590)

[All hymns are from Together in Song unless otherwise specified.]

Prayer and anointing for healing are available at each Eucharist. If you would like prayer and anointing, please move in front of the step, at the left side of the altar, after receiving communion and a priest will come and minister to you.

## **Sentence**

The words you have spoken are spirit and life, O Lord; you have the words of eternal life.

*John 6.63,68*

## **Prayer of the Day**

Bountiful God,  
we thank you for planting in us the seed of your word:  
by your Holy Spirit,  
help us to receive it with joy, and to live according to it,  
that we may grow in faith and hope and love;  
through Jesus Christ our Lord,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever. **Amen.**

## **A reading from Genesis Chapter 25 verses 19 – 34**

<sup>19</sup> These are the descendants of Isaac, Abraham's son: Abraham was the father of Isaac, <sup>20</sup> and Isaac was forty years old when he married Rebekah, daughter of Bethuel the Aramean of Paddan-aram, sister of Laban the Aramean.

<sup>21</sup> Isaac prayed to the Lord for his wife, because she was barren; and the Lord granted his prayer, and his wife Rebekah conceived. <sup>22</sup> The children struggled together within her; and she said, 'If it is to be this way, why do I live?' So she went to inquire of the Lord. <sup>23</sup> And the Lord said to her, 'Two nations are in your womb, and two peoples born of you shall be divided; one shall be stronger than the other, the elder shall serve the younger.' <sup>24</sup> When her time to give birth was at hand, there were twins in her womb.

<sup>25</sup> The first came out red, all his body like a hairy mantle; so they named him Esau. <sup>26</sup> Afterwards his brother came out, with his hand gripping Esau's heel; so he was named Jacob. Isaac was sixty years old when she bore them.

<sup>27</sup> When the boys grew up, Esau was a skilful hunter, a man of the field, while Jacob was a quiet man, living in tents.

<sup>28</sup> Isaac loved Esau, because he was fond of game; but Rebekah loved Jacob.

<sup>29</sup> Once when Jacob was cooking a stew, Esau came in from the

field, and he was famished. <sup>30</sup> Esau said to Jacob, 'Let me eat some of that red stuff, for I am famished!' (Therefore he was called Edom.) <sup>31</sup> Jacob said, 'First sell me your birthright.' <sup>32</sup> Esau said, 'I am about to die; of what use is a birthright to me?' <sup>33</sup> Jacob said, 'Swear to me first.' So he swore to him, and sold his birthright to Jacob. <sup>34</sup> Then Jacob gave Esau bread and lentil stew, and he ate and drank, and rose and went his way. Thus Esau despised his birthright.

Hear the word of the Lord.  
**Thanks be to God.**

### **Psalm 119.105-112**

<sup>105</sup> Your word is a lantern to my feet:  
and a light to my path.

<sup>106</sup> **I have vowed and sworn an oath:  
to keep your righteous judgements.**

<sup>107</sup> I have been afflicted beyond measure:  
Lord, give me life according to your word.

<sup>108</sup> **Accept, O Lord, the freewill offerings of my mouth:  
and teach me your judgements.**

<sup>109</sup> I take my life in my hands continually:  
yet I do not forget your law.

<sup>110</sup> **The wicked have laid a snare for me:  
but I have not strayed from your precepts.**

<sup>111</sup> Your commands are my inheritance for ever:  
they are the joy of my heart.

<sup>112</sup> **I have set my heart to fulfil your statutes:  
always, even to the end.**

### **A reading from Romans Chapter 8 verses 1 – 11**

<sup>1</sup> There is therefore now no condemnation for those who are in Christ Jesus. <sup>2</sup> For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. <sup>3</sup> For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, <sup>4</sup> so that the just

requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. <sup>5</sup> For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. <sup>6</sup> To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. <sup>7</sup> For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law—indeed it cannot, <sup>8</sup> and those who are in the flesh cannot please God. <sup>9</sup> But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. <sup>10</sup> But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. <sup>11</sup> If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

Hear the word of the Lord.

**Thanks be to God.**

Alleluia, **alleluia!**

The seed is the word of God, Christ is the sower;  
all who come to him will live for ever.

**Alleluia!**

## **The Gospel of our Lord Jesus Christ according to Matthew Chapter 13 verses 1 – 23**

**Glory to you Lord Jesus Christ.**

<sup>1</sup> That same day Jesus went out of the house and sat beside the lake. <sup>2</sup> Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. <sup>3</sup> And he told them many things in parables, saying: 'Listen! A sower went out to sow. <sup>4</sup> And as he sowed, some seeds fell on the path, and the birds came and ate them up. <sup>5</sup> Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. <sup>6</sup> But when the sun rose, they were scorched; and since they had no

root, they withered away.

<sup>7</sup> Other seeds fell among thorns, and the thorns grew up and choked them. <sup>8</sup> Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty.

<sup>9</sup> Let anyone with ears listen! <sup>10</sup> Then the disciples came and asked him, 'Why do you speak to them in parables?'

<sup>11</sup> He answered, 'To you it has been given to know the secrets of the kingdom of heaven, but to them it has not been given.

<sup>12</sup> For to those who have, more will be given, and they will have an abundance; but from those who have nothing, even what they have will be taken away.

<sup>13</sup> The reason I speak to them in parables is that "seeing they do not perceive, and hearing they do not listen, nor do they understand." <sup>14</sup> With them indeed is fulfilled the prophecy of Isaiah that says: "You will indeed listen, but never understand, and you will indeed look, but never perceive. <sup>15</sup> For this people's heart has grown dull, and their ears are hard of hearing, and they have shut their eyes; so that they might not look with their eyes, and listen with their ears, and understand with their heart and turn— and I would heal them."

<sup>16</sup> But blessed are your eyes, for they see, and your ears, for they hear.

<sup>17</sup> Truly I tell you, many prophets and righteous people longed to see what you see, but did not see it, and to hear what you hear, but did not hear it.

<sup>18</sup> 'Hear then the parable of the sower. <sup>19</sup> When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path.

<sup>20</sup> As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; <sup>21</sup> yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away.

<sup>22</sup> As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing.

<sup>23</sup> But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and

yields, in one case a hundredfold, in another sixty, and in another thirty.'

For the Gospel of the Lord.  
**Praise to you, Lord Jesus Christ.**

### **Prayer of the Week**

O Lord,  
we beseech you mercifully  
to receive the prayers of your people who call upon you,  
and grant that they may both perceive  
and know what things they ought to do,  
and also may have grace and power faithfully to fulfil them;  
through Jesus Christ our Lord. **Amen.**

### **PLEASE PRAY FOR:**

Angarad O'Malley, Gloria Townsend, Janice Clark, Jackie Davidson, Sharon Sandstrom, Lynette Brennan, Robert, David Lamb, Jean Carden, Charlotte Christie, Jessica, Maureen Alais, Larissa Pemberton and unborn baby, Alexandra, Peter H, Robert Alara, Kevin Thomas, Cliff and Pam Hammond, Peter Bosley, Richard Gosling, Steve Goodman, Doreen Jansen, Erin, Josh, Janet, Fr John, and Roberta Henderson.

*Please note: This prayer list will be updated at the beginning of each month. Please legibly print prayer recipients' names in the prayer book. Please get their permission first. Thank you.*

### **Offertories via Direct Debit**

Offering via direct debit. Direct debit details of account:  
ASDF Account: Parish of Terrigal, BSB:705-077  
Account Number: 00040934  
*Terry Rowe - Treasurer.*

## **WHISPERS OF LOVE – A MEDITATION**

Our 'Whispers of Love' meditation meets each Monday at 10.00am. All are welcome.

Reflection:

Daylight

Sweet songs of birds

gentle walk into soft darkness of holiness.

Presence of silence, touches my being,

Fills my soul.

'Father forgive' becomes an embrace of love.

Stay with me, together we shall

sit in the silence of togetherness. *Ann Watson 1998.*

*Prayerfully, Reverend Ann.*

## **MISSION NEWS**

We celebrate Sea Sunday next week on the 19th July.

I have a huge tower of beanies but the tower of toiletries, socks etc is not as high. PLEASE DIG DEEP.

Looking forward to the towers growing.

*Libby Harvey - MISSIONS SECRETARY*

## **GARDEN BEE THANK YOU**

Thank you to all the amazing garden volunteers who assisted in yesterday's Garden Bee. You continue to make our garden a source of joy and serenity and your dedication to our garden's health and beauty is deeply appreciated.

Our next Garden Bee will be on Saturday 1<sup>st</sup> August starting at 8.30am. We welcome everyone to come along and join us in keeping our gardens healthy and looking beautiful.

With gratitude, *Suzanne George – Garden Captain*

## **WOMEN'S FELLOWSHIP**

We encourage and welcome ladies from all services to join us in Women's Fellowship. We generally meet on the second Monday of the month, finishing with afternoon tea.

Our next meeting will be held in the gathering space on

**Monday 13<sup>th</sup> July at 1pm**

Please bring along a favourite piece of Royal Doulton.

*June Timms*

## **MARKET DAY**

Our next Market Day is on  
**Saturday 18th July from 8am to 1pm.**

We'd love your help setting up on Friday 17<sup>th</sup> and packing up from 12:30pm on Saturday 18<sup>th</sup>.

Donations of home-made cakes, slices, jams, or chutneys are very welcome—please label ingredients and collect a Holy Trinity Church sticker to put on them when you drop them off. Thank you.

*Terry Rowe*  
*Interim Market Day Co-Ordinator.*

## **TERRIGAL PARISH EMERGENCY RELIEF**

### **Supporting Our Parish Food Ministries**

Our **Emergency Relief Food Parcel Ministry** is running low on supplies. We would be so grateful for any donations of shelf-stable food items to help support parishioners and community members facing hardships.

We are also welcoming support for our new initiative, **Terrigal Parish Care and Comfort Meals**. If you are able, we would love your help in donating store-bought frozen meals (with long expiration dates) to nurture parishioners during times of health challenges or healing.

If you can assist, please give donations to

**Reverend Ann or contact her on 0427 135 771 or  
to Cal (on a Tuesday or Thursday) or contact her on  
4365 1115 (Tuesday or Thursday) or 0404 155 409.**

Thank you so much for your ongoing kindness and generosity!  
*Reverend Ann Watson and Cal Priest*

## **COULD YOU HELP OUR CHURCH FAMILY?**

"Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace."

1 Peter 4:10

Our church is more than a building—it's a family. Like every family, there are many small jobs that help everything run smoothly. We are looking for a few more people who could share their time and gifts to help our parish continue to flourish.

You don't need to have special skills—just a willing heart. Whether you can help regularly or only occasionally, every contribution makes a real difference.

We are currently looking for volunteers to assist with:

- Church set-up on Sunday mornings
- Sidespersons
- Greeters
- Market Day Co-ordinator
- Operating slides and assisting with video recording
- Op Shop volunteers (Wednesday or Saturday)
- Market Day volunteers (Help setting up the day before, or serving on the day at the Market Day, or help closing up.)
- Work Health & Safety (WHS) Officer

If you've ever thought, "*Someone else will do it,*" perhaps this is God gently calling **you**.

To help keep everyone safe, all volunteers are required to complete a Criminal History Check, Safe Ministry Training and sign a Volunteer Agreement.

**Please don't let this discourage you.** If computers or online forms seem daunting, we are more than happy to help you complete both the Criminal History Check and the Safe Ministry Training (which is only 1 Module now).

If you would like to find out more—with absolutely no obligation—please speak with Fr Mark, one of the Church Wardens, or contact the church office.

Thank you for prayerfully considering how you might use your gifts to serve God and our church family. God bless. 🙏

**Next Sunday – 19<sup>th</sup> July 2026**  
**EIGHTH SUNDAY AFTER PENTECOST**  
**(SEA SUNDAY)**

**8.00am** – Sung Eucharist – *Presiding & Preaching – Fr Mark Watson*

*Organist – Chris Sillince*

**9.30am** – Holy Eucharist – *Presiding & Preaching – Fr Mark Watson*

*Organist – Chris Sillince*

**Readings:** Genesis 28.10-19a, Psalm 139.1-11, 23-24, Romans 8.12-25

**Gospel:** Matthew 13.24-43

**Rosters for Next Week**

**FRIDAY 17<sup>th</sup> July - 10.30am**

| <b>Reader</b> |
|---------------|
| Ann West      |

**SUNDAY 19<sup>th</sup> July - 8.00am**

| <b>Readers</b>                                       | <b>Servers</b> | <b>Flowers</b> |
|------------------------------------------------------|----------------|----------------|
| 1 <sup>st</sup> – Neil Ewer<br>2 <sup>nd</sup> – TBA | TBA            | Sue James      |

**SUNDAY 19<sup>th</sup> July - 9.30am**

| <b>Readers</b>                                             | <b>Servers</b> | <b>Morning Tea</b> |
|------------------------------------------------------------|----------------|--------------------|
| 1 <sup>st</sup> – Anna Holt<br>2 <sup>nd</sup> – John Holt | TBA            | Joann Lilly        |

## **This Week**

### **Monday 13<sup>th</sup> July**

Sydney James Kirby, bishop, pioneer of outback ministry and  
the Bush Church Aid Society (d. 1935)

**10.00am** – Whispers of Love – a Meditation – *Reverend Ann Watson*

### **Tuesday 14<sup>th</sup> July**

**NO** Trinity Band and Singers Rehearsal today

**4.00pm** – Parish Council Meeting

### **Wednesday 15<sup>th</sup> July**

**3.30pm** – Eucharist at Tarragal Manor – *Reverend Ann Watson*

### **Thursday 16<sup>th</sup> July**

### **Friday 17<sup>th</sup> July**

**10.30am** – Holy Eucharist – *Fr Mark Watson*

Readings: Isaiah 38.1-8, 21-22, Psalm 32.1-6

Gospel: Matthew 12.1-8

### **Saturday 18<sup>th</sup> July**

**8.00am – 1.00pm** – Market Day

**The Anglican Diocese of Newcastle  
Parish of Terrigal – The Church of the Holy Trinity**

92 Serpentine Rd, Terrigal, 2260

**Parish Postal Address – P.O. Box 167, Terrigal, 2260**

**Office Phone:** 4365 1115 (Office open Tuesday and Thursday 9.30am – 2.30pm)

**Parish Email –** [admin@terrigan Anglican.org.au](mailto:admin@terrigan Anglican.org.au) or [admin.terrigan@newcastle.org.au](mailto:admin.terrigan@newcastle.org.au)

**Website** [www.terrigan Anglican.org.au](http://www.terrigan Anglican.org.au) **Facebook**

<https://www.facebook.com/Terrigan Anglican>

**Rector**

**The Reverend Canon Mark Watson – 4365 1374 or 0434 431 400**

**Associate Priests**

**The Reverend Ann Watson – 0427 135 771**

**The Reverend Dr Richard Harvey – 0422 109 262**

**The Reverend Bruce McAteer – 0417 229 296**

**Parish Executive**

**Rector's Warden – Ronda Kiss 0419 989 526**

**People's Warden – Terry Rowe 0427 788 308**

**People's Warden – Neil Ewer 0412 640 477**

**Parish Treasurer – Terry Rowe 0427 788 308**

**Parish Secretary – Margaret McAteer 0433 212 094**

**Parish Councillors – Chris Sillince, Kyara Newport,  
Margaret McAteer and David Frith**

**Missions Secretary – Libby Harvey**

**Parish Ministries**

**Parish Organist – Chris Sillince 0422 225 849**

**Sacristan – C. Taylor**

**Office Administration – Cal Priest 4365 1115**

**Pastoral Care – Reverend Ann 0427 135 771 or Margot Bilston**

**Trinity Band & Cursillo – Libby Harvey 0431 315 085**

**Safety Officer - TBA**

**Copyright Compliance Officer – Terry Rowe 0427 788 308**

**Parish Bookshop – Ronda Kiss 0419 989 526**

**Women's Fellowship – June Timms 4384 2280**

**Market Day Co-ordinator – Interim – Terry Rowe**

**Parish Opportunity Shop – 4365 1280**