

**Welcome to worship at Holy Trinity, Terrigal**  
**SIXTH SUNDAY AFTER EPIPHANY**  
**15<sup>th</sup> February 2026**



**9.00am – Holy Eucharist**

*Presiding and Preaching – **Fr Mark Watson***

***Organist** – Chris Sillince*

**Hymns:** TIS 246, 245, 584(i), 449

[All hymns are from Together in Song unless otherwise specified.]

Prayer and anointing for healing are available at each Eucharist. If you would like prayer and anointing, please move in front of the step, at the left side of the altar, after receiving communion and a priest will come and minister to you.

## **Sentence**

Suddenly a bright cloud overshadowed them, and from the cloud a voice said, 'This is my beloved Son, with whom I am well pleased; listen to him!'

*Matthew 17.5*

## **Prayer of the Day**

Almighty God,  
you gave the law to guide our lives:  
grant that we may never shrink from your commandments,  
but, as we are taught by your Spirit,  
may fulfil your law in perfect love;  
through Christ our Lord and Master,  
who lives and reigns with you and the Holy Spirit,  
one God now and for ever. **Amen.**

## **A reading from Deuteronomy Chapter 10 verses 12 – 22**

<sup>12</sup> "So now, O Israel, what does the Lord your God require of you? Only to fear the Lord your God, to walk in all his ways, to love him, to serve the Lord your God with all your heart and with all your soul, <sup>13</sup> and to keep the commandments of the Lord and his decrees that I am commanding you today, for your own well-being. <sup>14</sup> Although heaven and the heaven of heavens belong to the Lord your God, the earth with all that is in it, <sup>15</sup> yet the Lord set his heart in love on your ancestors alone and chose you, their descendants after them, out of all the peoples, as it is today. <sup>16</sup> Circumcise, then, the foreskin of your heart, and do not be stubborn any longer. <sup>17</sup> For the Lord your God is God of gods and Lord of lords, the great God, mighty and awesome, who is not partial and takes no bribe, <sup>18</sup> who executes justice for the orphan and the widow, and who loves the strangers, providing them food and clothing. <sup>19</sup> You shall also love the stranger, for you were strangers in the land of Egypt. <sup>20</sup> You shall fear the Lord your God; him you shall serve; to him you shall hold fast; and by his name you shall swear. <sup>21</sup> He is your praise; he is your God who has done for you these great and awesome things that your own eyes have seen. <sup>22</sup> Your ancestors went down to Egypt seventy persons,

and now the Lord your God has made you as numerous as the stars in heaven.

Hear the word of the Lord.  
**Thanks be to God.**

### **Psalm 119.1-8**

1 Blessed are those whose way is blameless:  
who walk in the law of the Lord.

**2 Blessed are those who keep his commands:  
and seek him with their whole heart;**

3 Those who do no wrong:  
but walk in the ways of our God.

**4 For you, Lord, have commanded us:  
to persevere in all your precepts.**

5 If only my ways were unerring:  
towards the keeping of your statutes!

**6 Then I should not be ashamed:  
when I looked on all your commandments.**

7 I will praise you with sincerity of heart:  
as I learn your righteous judgements.

**8 I will keep your statutes:  
O forsake me not utterly.**

### **A Reading from 1 Corinthians, Chapter 3, verses 1 – 9**

<sup>1</sup> And so, brothers and sisters, I could not speak to you as spiritual people but rather as fleshly, as infants in Christ. <sup>2</sup> I fed you with milk, not solid food, for you were not ready for solid food. Even now you are still not ready, <sup>3</sup> for you are still fleshly. For as long as there is jealousy and quarreling among you, are you not fleshly and behaving according to human inclinations? <sup>4</sup> For when one says, "I belong to Paul," and another, "I belong to Apollos," are you not all too human? <sup>5</sup> What then is Apollos? What is Paul? Servants through whom you came to believe, as the Lord assigned to each. <sup>6</sup> I planted, Apollos watered, but God gave the growth. <sup>7</sup> So neither the one who plants nor the one who waters is anything, but only God who gives the growth. <sup>8</sup> The one who plants and the one who waters have one purpose, and each will receive wages according

to their own labor. <sup>9</sup> For we are God's coworkers, working together; you are God's field, God's building.

Hear the word of the Lord.

**Thanks be to God.**

Alleluia, **alleluia!**

The heavens were opened and the Father's voice was heard:  
This is my beloved Son, hear him.

**Alleluia!**

**The Gospel of Our Lord Jesus Christ according to  
Matthew, Chapter 5, verses 21 - 37**

**Glory to you Lord Jesus Christ.**

<sup>21</sup> "You have heard that it was said to those of ancient times, 'You shall not murder,' and 'whoever murders shall be liable to judgment.' <sup>22</sup> But I say to you that if you are angry with a brother or sister, you will be liable to judgment, and if you insult a brother or sister, you will be liable to the council, and if you say, 'You fool,' you will be liable to the hell of fire. <sup>23</sup> So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, <sup>24</sup> leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift. <sup>25</sup> Come to terms quickly with your accuser while you are on the way to court with him, or your accuser may hand you over to the judge and the judge to the guard, and you will be thrown into prison. <sup>26</sup> Truly I tell you, you will never get out until you have paid the last penny.

<sup>27</sup> "You have heard that it was said, 'You shall not commit adultery.' <sup>28</sup> But I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart. <sup>29</sup> If your right eye causes you to sin, tear it out and throw it away; it is better for you to lose one of your members than for your whole body to be thrown into hell. <sup>30</sup> And if your right hand causes you to sin, cut it off and throw it away; it is

better for you to lose one of your members than for your whole body to go into hell.

<sup>31</sup> "It was also said, 'Whoever divorces his wife, let him give her a certificate of divorce.' <sup>32</sup> But I say to you that anyone who divorces his wife, except on the ground of sexual immorality, causes her to commit adultery, and whoever marries a divorced woman commits adultery.

<sup>33</sup> "Again, you have heard that it was said to those of ancient times, 'You shall not swear falsely, but carry out the vows you have made to the Lord.' <sup>34</sup> But I say to you: Do not swear at all, either by heaven, for it is the throne of God, <sup>35</sup> or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. <sup>36</sup> And do not swear by your head, for you cannot make one hair white or black. <sup>37</sup> Let your word be 'Yes, Yes' or 'No, No'; anything more than this comes from the evil one.

For the Gospel of the Lord.  
**Praise to you Lord Jesus Christ.**

**PLEASE PRAY FOR:**

Kevin Thomas, Angarad O'Malley, Gloria Townsend, Janice Clark, Jackie Davidson, Sharon and Malcolm Sandstrom, Lynette Brennan, Robert, David Lamb, Jean Carden, Charlotte Christie, George, Ben & family, Elsa & Peter Sorensen, Maureen Alais, Richard Gosling, Roberta Henderson, Lorraine Fisher, Robyn Morgan, Jessica, Judy, George, Jessica Robert, Wendy & Alan Eades and Ken, Peter Hancock, Sue James, Peter Bosley, Scott, Neil Ewer, John Thompson, Robyn Patterson, Diana M, Jo, and Liz E.

VALE – Carmen McGee  
Please hold her family in your prayers.

**Offertories via Direct Debit**

Offering via direct debit. Direct debit details of account:  
ASDF Account: Parish of Terrigal, BSB:705-077  
Account Number: 00040934  
*Terry Rowe - Treasurer.*

## **Prayer of the Week**

Almighty God,  
you have given your only Son  
to be for us both a sacrifice for sin,  
and also an example of godly life:  
give us grace that we may always thankfully receive  
the benefits of his sacrifice,  
and also daily endeavour to follow  
the blessed steps of his most holy life;  
through the same Jesus Christ our Lord,  
who is alive and reigns with you and the Holy Spirit,  
one God, now and for ever. **Amen.**

## **LENTEN STUDIES**

Reminder: Lenten Studies begin Thursday 19<sup>th</sup> February at 7:30pm and Friday 20<sup>th</sup> February at 11:45am. Please bring \$5 cash in an envelope for your study book and give it to Fr Mark on the day or to Terry on Sunday, and let Fr Mark know once you've paid. Thank you.

## **WHISPERS OF LOVE – A MEDITATION**

Our 'Whispers of Love' meditation meets each Monday at 10.00am. All are welcome.

Reflection:

Be silent, still, aware

For there in your own heart

the Spirit is at prayer

Listen and learn

Open and find heart, wisdom, Christ.

*From Southwark Cathedral.*

Prayerfully, Reverend Ann.

## **OP SHOP**

Please visit and follow our Facebook page at:

<https://www.facebook.com/TerrigalOpShop/>

*Blessings, The Op Shop Team.*

## **GARDEN BEE**

Our next Garden Bee will be held on Saturday 7<sup>th</sup> March, 2026 starting at 8.30am. We welcome everyone to come along and join us in keeping our gardens looking beautiful.

With gratitude,

*Suzanne George – Garden Captain*

## **WYOMING EMERGENCY RELIEF CENTRE**

Thank you for your generous giving.

Items needed now include coffee (not tea), sugar, 2-minute noodles, toilet rolls, laundry powder, canned goods such as tinned vegetables and fruits, cereals, pasta & sauce and baby items. Also needed are toiletries such as toothpaste, soap, shampoo and conditioner.

Thank you.

## **SERVICES IN FEBRUARY AND BAND REHEARSAL**

There will be **one service at 9am throughout February.**

Both 8am and 9.30am services will recommence on 1<sup>st</sup> March 2026. The band will recommence on Sunday 8<sup>th</sup> March 2026. Band rehearsals start again on Tuesday 24<sup>th</sup> February.

## **THANK YOU BOXES**

**Thank You boxes are now available for collection.**

Please take one.

For the next twelve months the money from the Thank You boxes will go to the ABM (Anglican Board of Mission) for the "Jerusalem Project". The Episcopal (Anglican) Church in Jerusalem supports and funds the Hospital in Gaza City which primarily serves Palestinian people who need medical help, especially Mothers and Children at this critical time.

**For more information, contact Elsa Sorensen.**

## **WOMEN'S FELLOWSHIP**

We encourage and welcome ladies from all services, including both the 8.00am and 9.30am services, to join us in Women's Fellowship.

Our next meeting will be on  
**Monday 9th March 2026 at 1.00pm at church.**

We look forward to seeing you there.

## **DINNER AT TERRIGAL BOWLING CLUB**

Please join us for dinner at  
**Terrigal Bowling Club at 'Bec's Kitchen'**  
**on Sunday 1<sup>st</sup> March 2026 from 6.00pm.**

If you want to attend, please add your name and any family member's names, if they are attending, to the sign-up sheet on the small notice board in the foyer. Thank you.

## **WORLD DAY OF PRAYER 2026 – FOCUS NIGERIA**

Please join us for the World Day of Prayer at  
**The Salvation Army, Gosford Corps**  
**120 Central Coast Highway, Erina**  
**On Friday 6<sup>th</sup> March 2026**  
**At 10.00am**

If you need transport or would like further information, please speak with either Elsa Sorensen or Audree Dash, or you can contact Major Carole Smith from the Salvation Army on 4367 6200. Thank you.

## **MARKET DAY**

Our next Market Day is on  
**Saturday 21<sup>st</sup> February from 8am to 1pm.**

We'd love your help setting up on Friday 20th and packing up from 12:30pm on Saturday 21<sup>st</sup>.

Donations of home-made cakes, slices, jams, or chutneys are very welcome—please label ingredients and collect a Holy Trinity Church sticker to put on them when you drop them off. Thank you. *Terry Rowe – Interim Market Day Co-Ordinator.*



## **DOMESTIC AND FAMILY VIOLENCE**

Research shows domestic and family violence affects Anglican communities at similar rates to wider society. As a Church, we are committed to responding with compassion and action.

### **Upcoming opportunities:**

- Lunch & Learn Webinar – 17 March - Register here:

<https://www.tencommitments.org.au/>

- DV Sunday – 3 May – Sign up here:

<https://www.tencommitments.org.au/dvsundaysignup>

- Communities That Care Training – Register here:

<https://learn.tencommitments.org.au/login/index.php>

Learn more about the Church's Research and Ten Commitments online here:

<https://www.tencommitments.org.au/ten-commitments-overview>

*Also see the poster on the small notice board in the foyer.*

If you are in a violent or controlling relationship, please reach out to someone you trust at church. If you are in immediate danger, please call 000.

**National Helpline:** 1800 RESPECT

**Lifeline:** 13 11 14

**Mensline Australia:** 1300 789 978

**Kids Helpline:** 1800 551 800

## **FRIDAY 20<sup>th</sup> February - 10.30am**

<b>Reader</b>
Catherine Taylor

## **SUNDAY 22<sup>nd</sup> February - 9.00am**

<b>Readers</b>	<b>Servers</b>	<b>Flowers</b>
1 <sup>st</sup> – Libby Harvey 2 <sup>nd</sup> – David Harvey	– and Ronda	No flowers in Lent.

<b>Morning Tea</b>
Betty Hancock Audree Dash

**Next Sunday – 22<sup>nd</sup> February 2026**

**FIRST SUNDAY IN LENT**

**9.00am – Holy Eucharist – *Presiding & Preaching* – **Fr Mark Watson****

***Organist* – Chris Sillince**

**Readings:** Genesis 2.15-17, 3.1-7, Psalm 32, Romans 5.12-21

**Gospel:** Matthew 4.1-11

## **This Week**

### **Monday 16<sup>th</sup> February**

**10.00am** – Whispers of Love – a Meditation – Rev'd Ann Watson

**3.30pm** – Eucharist at Tarragal Manor – Rev'd Ann Watson

### **Tuesday 17<sup>th</sup> February**

**4.00pm** – Parish Council Meeting

### **Wednesday 18<sup>th</sup> February**

#### **ASH WEDNESDAY**

**8.30am** – Ash Wednesday Eucharist in the chapel – Fr Mark Watson

**12.00pm** – Ash Wednesday Eucharist in church – Fr Mark Watson

**5.00pm** – Ash Wednesday Eucharist in church – Fr Mark Watson

### **Thursday 19<sup>th</sup> February**

**2.00pm** – Memorial Service for Carmen McGee at Holy Trinity, Terrigal  
– Fr Mark Watson and Reverend Ann Watson

### **Friday 20<sup>th</sup> February**

William Grant Broughton, first bishop of Australia (d. 1853)

**10.30am** – Holy Eucharist – *Fr Mark Watson*

Readings: Isaiah 58.1-9a, Psalm 51.15-19

Gospel: Matthew 9.14-15

### **Saturday 21<sup>st</sup> February**

**8.00am – 1.00pm** – Market Day

**The Anglican Diocese of Newcastle**  
**Parish of Terrigal – The Church of the Holy Trinity**  
92 Serpentine Rd, Terrigal, 2260  
**Parish Postal Address – P.O. Box 167, Terrigal, 2260**  
**Office Phone: 4365 1115 (Office open Tuesday and Thursday 9.30am – 2.30pm)**

**Parish Email – [admin@terrigan Anglican.org.au](mailto:admin@terrigan Anglican.org.au)**

**or [admin.terrigan@newcastle.org.au](mailto:admin.terrigan@newcastle.org.au)**

**Website – [www.terrigan Anglican.org.au](http://www.terrigan Anglican.org.au)**

**Facebook – <https://www.facebook.com/Terrigan Anglican>**

**Rector**

**The Reverend Canon Mark Watson – 4365 1374 or 0434 431 400**

**Email – [cyprian7@bigpond.com](mailto:cyprian7@bigpond.com)**

**Associate Priests**

**The Reverend Ann Watson – 0427 135 771**

**The Reverend Dr Richard Harvey – 0422 109 262**

**The Reverend Bruce McAteer – 0417 229 296**

**Parish Executive**

**Rector's Warden – Ronda Kiss 0419 989 526**

**People's Warden – Terry Rowe 0427 788 308**

**People's Warden – Neil Ewer 0412 640 477**

**Parish Treasurer – Terry Rowe 0427 788 308**

**Parish Ministries**

**Parish Organist – Chris Sillince 0422 225 849**

**Sacristan – C. Taylor**

**Office Administration – Cal Priest 4365 1115**

**Pastoral Care - Contact 4365 1115**

**Trinity Band & Cursillo – Libby Harvey 0431 315 085**

**Safety Officer - Mike Keaney 0412 370 716**

**Copyright Compliance Officer – Terry Rowe 0427 788 308**

**Parish Bookshop – Ronda Kiss 0419 989 526**

**Women's Fellowship – June Timms 4384 2280**

**Market Day Co-ordinator – TBA**

**Parish Opportunity Shop – Julie Laird 4365 1280**