

**Welcome to worship at Holy Trinity, Terrigal**  
**FOURTH SUNDAY AFTER EPIPHANY**  
**1<sup>st</sup> February 2026**



**9.00am – Holy Eucharist**

*Presiding and Preaching – Fr Mark Watson*

*Organist – Chris Sillince*

**Hymns:** TIS 111, 464, 457, 560 (i)

[All hymns are from Together in Song unless otherwise specified.]

Prayer and anointing for healing are available at each Eucharist. If you would like prayer and anointing, please move in front of the step, at the left side of the altar, after receiving communion and a priest will come and minister to you.

## **Sentence**

What does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?

*Micah 6.8*

## **Prayer of the Day**

Loving God,  
the light of the minds that know you,  
the life of the souls that love you,  
and the strength of the hearts that serve you:  
help us so to know you that we may truly love you,  
and so to love you that we may faithfully serve you,  
whose service is perfect freedom;  
through Jesus Christ our Lord. **Amen.**

## **A reading from Micah Chapter 6 verses 1 – 8**

- <sup>1</sup> Hear what the Lord says:  
Rise, plead your case before the mountains,  
and let the hills hear your voice.
- <sup>2</sup> Hear, you mountains, the controversy of the Lord ,  
and you enduring foundations of the earth;  
for the Lord has a controversy with his people,  
and he will contend with Israel.
- <sup>3</sup> 'O my people, what have I done to you?  
In what have I wearied you? Answer me!
- <sup>4</sup> For I brought you up from the land of Egypt,  
and redeemed you from the house of slavery;  
and I sent before you Moses,  
Aaron, and Miriam.
- <sup>5</sup> O my people, remember now what King Balak of Moab  
devised,  
what Balaam son of Beor answered him,  
and what happened from Shittim to Gilgal,  
that you may know the saving acts of the Lord .'
- <sup>6</sup> 'With what shall I come before the Lord ,  
and bow myself before God on high?  
Shall I come before him with burnt-offerings,  
with calves a year old?

<sup>7</sup> Will the Lord be pleased with thousands of rams,  
with tens of thousands of rivers of oil?  
Shall I give my firstborn for my transgression,  
the fruit of my body for the sin of my soul?  
<sup>8</sup> He has told you, O mortal, what is good;  
and what does the Lord require of you  
but to do justice, and to love kindness,  
and to walk humbly with your God?

Hear the word of the Lord.

**Thanks be to God.**

### **Psalm 15**

<sup>1</sup> Lord, who may abide in your tabernacle:  
or who may dwell upon your holy hill?

<sup>2</sup> **Whoever leads an uncorrupt life  
and does the thing which is right:  
who speaks the truth from the heart,  
and has not slandered with the tongue;**

<sup>3</sup> Who has done no evil to a friend:  
nor vented abuse against a neighbour;

<sup>4</sup> **In whose eyes the worthless have no honour:  
but who makes much of those that fear the Lord;**

<sup>5</sup> Whoever has sworn to a neighbour:  
and will not go back on that oath;

<sup>6</sup> **Who has not put money to usury:  
nor taken a bribe against the innocent.**

<sup>7</sup> Whoever does these things:  
shall never be overthrown.

### **A Reading from 1 Corinthians, Chapter 1, verses 18 – 31**

<sup>18</sup> For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God.

<sup>19</sup> For it is written,

‘I will destroy the wisdom of the wise,  
and the discernment of the discerning I will thwart.’

<sup>20</sup> Where is the one who is wise? Where is the scribe? Where is

the debater of this age? Has not God made foolish the wisdom of the world?

<sup>21</sup> For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe.

<sup>22</sup> For Jews demand signs and Greeks desire wisdom,

<sup>23</sup> but we proclaim Christ crucified, a stumbling-block to Jews and foolishness to Gentiles,

<sup>24</sup> but to those who are called, both Jews and Greeks, Christ the power of God and the wisdom of God.

<sup>25</sup> For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

<sup>26</sup> Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth.

<sup>27</sup> But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong;

<sup>28</sup> God chose what is low and despised in the world, things that are not, to reduce to nothing things that are,

<sup>29</sup> so that no one might boast in the presence of God.

<sup>30</sup> He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption,

<sup>31</sup> in order that, as it is written, 'Let the one who boasts, boast in the Lord.'

Hear the word of the Lord.

**Thanks be to God.**

Alleluia, **alleluia!**

The heavens were opened and the Father's voice was heard:  
This is my beloved Son, hear him.

**Alleluia!**

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# **The Gospel of Our Lord Jesus Christ according to Matthew, Chapter 5, verses 1 – 12**

## **Glory to you Lord Jesus Christ.**

<sup>1</sup> When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. <sup>2</sup> Then he began to speak, and taught them, saying: <sup>3</sup> 'Blessed are the poor in spirit, for theirs is the kingdom of heaven. <sup>4</sup> 'Blessed are those who mourn, for they will be comforted. <sup>5</sup> 'Blessed are the meek, for they will inherit the earth. <sup>6</sup> 'Blessed are those who hunger and thirst for righteousness, for they will be filled. <sup>7</sup> 'Blessed are the merciful, for they will receive mercy. <sup>8</sup> 'Blessed are the pure in heart, for they will see God. <sup>9</sup> 'Blessed are the peacemakers, for they will be called children of God. <sup>10</sup> 'Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. <sup>11</sup> 'Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. <sup>12</sup> Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.

For the Gospel of the Lord.

**Praise to you Lord Jesus Christ.**

### **PLEASE PRAY FOR:**

Kevin Thomas, Angarad O'Malley, Gloria Townsend, Janice Clark, Jackie Davidson, Malcolm Sandstrom, Lynette Brennan, Robert, David Lamb, Jean Carden, Charlotte Christie, George, Ben & family, Elsa & Peter Sorensen, Maureen Alais, Richard Gosling, Roberta Henderson, Lorraine Fisher, Robyn Morgan, Jessica, Judy, George, Carmen McGee, Jessica Robert, Wendy & Alan Eades and Ken, Peter Hancock, Sue James, Peter Bosley, Scott, Neil Ewer, Robyn Patterson, Diana M and Jo.

VALE – Kate Ross and Margaret Schofield.  
Please hold their families in your prayers.

*Please note: This prayer list will be updated at the beginning of each month. Please legibly print prayer recipients' names in the prayer book. Please get their permission first. Thank you.*

## **Prayer of the Week**

O Lord,  
you have taught us  
that all our doings without love are worth nothing:  
send your Holy Spirit,  
and pour into our hearts that most excellent gift of love,  
the true bond of peace and of all virtues,  
without which whoever lives is counted dead before you;  
Grant this for your only Son Jesus Christ's sake. **Amen.**

### **Offertories via Direct Debit**

Offering via direct debit. Direct debit details of account:  
ASDF Account: Parish of Terrigal, BSB:705-077  
Account Number: 00040934  
*Terry Rowe - Treasurer.*

### **WHISPERS OF LOVE – A MEDITATION**

'Whispers of Love', our weekly meditation community, begins again on Monday 2<sup>nd</sup> February.

A warm welcome is extended to join us as we begin a New Year.

Reflection:

By stillness in the Spirit we move in the ocean of God  
Be still and know that I am God *Psalms 46:10.*

Prayerfully, Reverend Ann.

### **GARDEN BEE**

**The first Garden Bee for 2026 will be on  
Saturday 7<sup>th</sup> February.**

We look forward to seeing you there.

With gratitude, *Suzanne George – Garden Captain*

### **OP SHOP**

Please visit and follow our Facebook page at:  
<https://www.facebook.com/TerrigalOpShop/>

*Blessings, The Op Shop Team.*

## **WYOMING EMERGENCY RELIEF CENTRE**

Thank you for your generous giving. Items needed now include canned goods such as tinned vegetables and fruits, cereal, pasta & sauce. Also needed are baby items and toiletries. Thank you.

## **THANK YOU BOXES**

**Thank You boxes are now available for collection.**

Please take one.

For the next twelve months the money from the Thank You boxes will go to the ABM (Anglican Board of Mission) for the "Jerusalem Project". The Episcopal (Anglican) Church in Jerusalem supports and funds the Hospital in Gaza City which primarily serves Palestinian people who need medical help, especially Mothers and Children at this critical time.

**For more information, contact Elsa Sorensen.**

## **SERVICES IN FEBRUARY**

There will be **one service at 9am throughout February.**

Both 8am and 9.30am services will recommence on 1<sup>st</sup> March 2026. The band will recommence on Sunday 8<sup>th</sup> March 2026.

## **WOMEN'S FELLOWSHIP**

We encourage and welcome ladies from all services, including both the 8.00am and 9.30am services, to join us in Women's Fellowship.

Our next meeting will be on **Monday 9th February 2026.**

We look forward to seeing you there.

## **DINNER AT TERRIGAL BOWLING CLUB**

Please join us for dinner at  
**Terrigal Bowling Club at 'Bec's Kitchen'**  
**tonight, Sunday 1<sup>st</sup> February 2026 from 6pm.**

If you want to attend, please add your name to the sign-up sheet on the small notice board in the foyer immediately after today's service. Thank you.

## **Rosters for Next Week**

### **FRIDAY 6<sup>th</sup> February - 10.30am**

<b>Reader</b>
Margaret Blanch

### **SUNDAY 8<sup>th</sup> February - 9.00am**

<b>Readers</b>	<b>Servers</b>	<b>Flowers</b>
1 <sup>st</sup> – Keith Lewis 2 <sup>nd</sup> – Sue James	– and Neil	Bev Clark

<b>Morning Tea</b>
Anna Holt Catherine Taylor

**Next Sunday – 8<sup>th</sup> February 2026**

**FIFTH SUNDAY AFTER EPIPHANY**

**9.00am – Holy Eucharist – *Presiding & Preaching – Fr Mark Watson***

***Organist – Chris Sillince***

**Readings:** Isaiah 58.1-8a, Psalm 112, 1 Corinthians 2.1-13

**Gospel:** Matthew 5.13.20



## **This Week**

**Monday 2<sup>nd</sup> February**

**PRESENTATION OF CHRIST IN THE TEMPLE**

**10.00am** – Whispers of Love – a Meditation – Rev'd Ann Watson

**Tuesday 3<sup>rd</sup> February**

First Anglican Service at Sydney Cove, conducted by Richard Johnson, Sydney 1788

**Wednesday 4<sup>th</sup> February**

Anskar, missionary bishop in Sweden (d. 865)

**Thursday 5<sup>th</sup> February**

Martyrs of Japan, crucified at Nagasaki (d. 1597)

**Friday 6<sup>th</sup> February**

**10.30am** – Holy Eucharist – *Fr Mark Watson*

Readings: Sirach 47.2-11, Psalm 18.48-52

Gospel: Mark 6.14-29

**2.00pm** – Margaret Schofield's Funeral – Reverend Ann Watson

**Saturday 7<sup>th</sup> February**

**8.30am** – Garden Bee

**The Anglican Diocese of Newcastle**  
**Parish of Terrigal – The Church of the Holy Trinity**  
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**or [admin.terrigan@newcastle.org.au](mailto:admin.terrigan@newcastle.org.au)**

**Website – [www.terrigan Anglican.org.au](http://www.terrigan Anglican.org.au)**

**Facebook – <https://www.facebook.com/Terrigan Anglican>**

**Rector**

**The Reverend Canon Mark Watson – 4365 1374 or 0434 431 400**

**Email – [cyprian7@bigpond.com](mailto:cyprian7@bigpond.com)**

**Associate Priests**

**The Reverend Ann Watson – 0427 135 771**

**The Reverend Dr Richard Harvey – 0422 109 262**

**The Reverend Bruce McAteer – 0417 229 296**

**Parish Executive**

**Rector's Warden – Ronda Kiss 0419 989 526**

**People's Warden – Terry Rowe 0427 788 308**

**People's Warden – Neil Ewer 0412 640 477**

**Parish Treasurer – Terry Rowe 0427 788 308**

**Parish Ministries**

**Parish Organist – Chris Sillince 0422 225 849**

**Sacristan – C. Taylor**

**Office Administration – Cal Priest 4365 1115**

**Pastoral Care - Contact 4365 1115**

**Trinity Band & Cursillo – Libby Harvey 0431 315 085**

**Safety Officer - Mike Keaney 0412 370 716**

**Copyright Compliance Officer – Terry Rowe 0427 788 308**

**Parish Bookshop – Ronda Kiss 0419 989 526**

**Women's Fellowship – June Timms 4384 2280**

**Market Day Co-ordinator – TBA**

**Parish Opportunity Shop – Julie Laird 4365 1280**