

**Welcome to worship at Holy Trinity, Terrigal**  
**TWELFTH SUNDAY AFTER PENTECOST**  
**11<sup>th</sup> August, 2024**



**8.00am – Sung Eucharist**

*Presiding and Preaching – Fr Mark Watson*

**Organist – Chris Sillince**

**Hymns:** TIS 83, 430, 508 (Tune: St Michael 483), 580

**9.30am – Holy Eucharist**

*Presiding and Preaching – Fr Mark Watson*

*Trinity Band and Singers*

**Hymns:** TIS 474, 655, 256, 258

[All hymns are from Together in Song unless otherwise specified.]

Prayer and anointing for healing are available at each Eucharist. If you would like prayer and anointing, please move in front of the step, at the left side of the altar, after receiving communion and a priest will come and minister to you.

## **Sentence**

Be imitators of God, as beloved children, and live love, as Christ loved us and gave himself up for us.

*Ephesians 5.1-2*

## **Prayer of the Day**

Grant, O Lord,  
that we may see in you the fulfillment of all our need,  
and may turn from every false satisfaction  
to feed on the true and living bread  
that you have given us in Jesus Christ;  
who lives and reigns with you and the Holy Spirit,  
one God, now and for ever. **Amen.**

## **A reading from 1 Kings Chapter 19 verses 4 – 8**

4 But he himself went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: 'It is enough; now, O Lord, take away my life, for I am no better than my ancestors.' <sup>5</sup>Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, 'Get up and eat.' <sup>6</sup>He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. <sup>7</sup>The angel of the Lord came a second time, touched him, and said, 'Get up and eat, otherwise the journey will be too much for you.' <sup>8</sup>He got up, and ate and drank; then he went in the strength of that food for forty days and forty nights to Horeb the mount of God.

Hear the word of the Lord.

**Thanks be to God.**

## **Psalms 34.1 – 8**

1 I will bless the Lord continually:  
his praise shall be always in my mouth.

**2 Let my soul boast of the Lord:  
the humble shall hear it and rejoice.**

3 O praise the Lord with me:

let us exalt his name together.

**4 For I sought the Lord's help and he answered:  
and he freed me from all my fears.**

5 Look towards him and be bright with joy:  
your faces shall not be ashamed.

**6 Here is a wretch who cried, and the Lord heard me:  
and saved me from all my troubles.**

7 The angel of the Lord encamps round those who fear him:  
and delivers them in their need.

**8 O taste and see that the Lord is good:  
happy are they that hide in him!**

### **A reading from the Letter of Paul to the Ephesians Chapter 4 verse 25 to Chapter 5 verse 2**

<sup>25</sup> So then, putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. <sup>26</sup> Be angry but do not sin; do not let the sun go down on your anger, <sup>27</sup> and do not make room for the devil. <sup>28</sup> Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. <sup>29</sup> Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. <sup>30</sup> And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. <sup>31</sup> Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, <sup>32</sup> and be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you. <sup>1</sup> Therefore be imitators of God, as beloved children, <sup>2</sup> and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

Hear the word of the Lord.

**Thanks be to God.**

**Alleluia, alleluia!**

I am the living bread from heaven, says the Lord;  
whoever eats this bread will live for ever.

**Alleluia!**

**A reading from the Gospel of John  
Chapter 6 verses 35, 41 – 51**

<sup>35</sup> Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty. <sup>41</sup> Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.' <sup>42</sup> They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?' <sup>43</sup> Jesus answered them, 'Do not complain among yourselves. <sup>44</sup> No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. <sup>45</sup> It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me. <sup>46</sup> Not that anyone has seen the Father except the one who is from God; he has seen the Father. <sup>47</sup> Very truly, I tell you, whoever believes has eternal life. <sup>48</sup> I am the bread of life. <sup>49</sup> Your ancestors ate the manna in the wilderness, and they died. <sup>50</sup> This is the bread that comes down from heaven, so that one may eat of it and not die. <sup>51</sup> I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

**PLEASE PRAY FOR:**

Carolyn Gibbs, Angarad O'Malley, John Sorensen, Emma Horton, Gloria & Albert Townsend, George, Robyn Smith, David Lamb, Colleen Cronin, Dianne, Bruce, Pam Flegg and Libby Fink.

*Please note: This prayer list will be updated at the beginning of each month. Please legibly print prayer recipients' names in the prayer book. Please get their permission first. Thank you.*

## **OFFERTORIES VIA DIRECT DEBIT**

Offering via direct debit. Direct debit details of account:  
ASDF Account: Parish of Terrigal, BSB:705-077  
Account Number: 00040934. - Terry Rowe, Treasurer.

## **Prayer of the Week**

Grant to us, Lord, we beseech you,  
the spirit to think and do always such things as are right,  
that we, who cannot do anything that is good without you,  
may by you be enabled to live according to your will;  
through Jesus Christ our Lord. **Amen.**

## **'WHISPERS OF LOVE' – MEDITATION**

Our 'Whispers of Love' meditation meets each Monday at  
10.00am. A warm welcome is extended to join us.

Reflection:

Thomas Aquinas (1225-1274) wrote, "Whatever is received is  
received according to the manner of the receiver."

As a preacher and teacher, I have found that whatever I teach  
will be heard on many different levels, according to the inner  
psychological and spiritual maturity of the listener. It is rather  
obvious once you say it.

Jesus was teaching the same in his parable of the four different  
kinds of soil that received the seed. See Matthew Chapter 13  
verses 4-9.

Prayerfully, Reverend Ann.

## **OFFERTORY ENVELOPES**

The new offertory envelopes have arrived. They will be given  
out from this week but usage does not start until Sunday 1st  
September.

Thank you.

## **GARDEN WORKING BEE**

Our next working bee will be on Saturday 31st August 2024 at  
9am. Please come if you can! We love to add new people to the  
group.

Thank you.

## **SAMARITANS**

Thank you to the congregation for being excellent givers of donations for the Samaritans.

Items needed now include winter food, such as soup, and also tinned vegetables and fruits, pasta & sauce and cereal.

Thank you.

Margaret Maclachlan.

## **DINNER AT TERRIGAL BOWLING CLUB**

Please join us for dinner  
at Terrigal Bowling Club at 'Bec's Kitchen' on  
**Sunday 1<sup>st</sup> September, 2024 from 6pm.**

If you would like to attend, please add your name to the sign-up sheet on the small notice board in the foyer Thank you.

## **WOMEN CELEBRATING OUR FAITH 2024**

Saturday 7th September

Saint John's Anglican Church

45 Sturgeon St Raymond Terrace

9am registration and morning tea.

10:00 am start and concluding at 3:00 pm

Cost \$40 (paid by 30<sup>th</sup> August).

See flyer on notice board in the foyer for more details.

If you have any further questions, please contact

Elsa Sorensen on 0417 063 286.

Limited transport may be arranged. Thank you.

## **HELP NEEDED**

Help is needed in the following areas:

- Set-up and greeting on Sunday mornings.
- Audio visual/video recording of Eucharists on Sunday.
- Morning Tea on Sunday.

If you are able to help out, please see a Church Warden or Cal. (Office hours: Tue and Thur 9.30am–2.30pm). Thank you.

## **WOMEN'S FELLOWSHIP**

We encourage and welcome ladies from all services, including both the 8.00am and 9.30am Sunday services and the Friday 10.30am service, to join us in Women's Fellowship. We generally meet on the second Monday of the month, finishing with afternoon tea.

Our next meeting will be held on **Monday 12<sup>th</sup> August, 2024 at 1.00pm** at church, followed by afternoon tea. Our guest speaker will be Margot Bilston whose talk is "A Visit to the Holy Land". We look forward to seeing you there.

## **THANK YOU BOXES**

Please return all Thank You Boxes by **Sunday 25<sup>th</sup> August**, or earlier, so that the money can be counted and forwarded to support Newcastle Diocesan Domestic Abuse Project. The boxes may be placed in the offertory plate during the service. There will be a new project for the next 12 months in September.

## **MISSION NEWS**

Wow..... 329 beanies were delivered as well as boxes of socks, toiletries, Bibles and other precious items of care.

Richard and I delivered these to The Mission to Seafarers at the Port of Newcastle on your behalf last Friday. We arrived with a car full and were greeted by two volunteers who assisted us to unload the car. "What ideal timing," the woman exclaimed, "we are down to our last few beanies and one Bible!"

God's timing is always perfect!

They were overwhelmed by your generosity and gifts of love. We also delivered a huge bag of clothing from the Parish of Harrington.

Once again, thank you all.

Libby Harvey

MISSIONS SECRETARY

## **MARKET DAY**

Market day is coming up on the 17<sup>th</sup> August.

Once again, we will need all the help we can get when setting up on Friday 16<sup>th</sup> and especially when packing away and clearing up on Saturday. If you can come at 12.30pm for an hour on Saturday to pack up, we would love to see you. Your help is always appreciated.

Thank you.

Ian Wolstenholme.

## **MORNING TEA**

All parishioners are invited to bring a small plate of morning tea, on occasion, to help supplement the Morning Tea rostered volunteers' contributions each Sunday. Your help is very much appreciated. Thanking you in advance.

## **ANGLICAN WOMEN ANNUAL SPRING CELEBRATION FOR THE DIOCESE OF NEWCASTLE**

This year the Celebration is in **St Peter's Church Hall, Banks St, East Maitland, on Tuesday 3<sup>rd</sup> September, commencing at 9.30am and concluding at 2pm.** BYO lunch. Morning tea is provided on arrival. The guest speaker is Dr Andrew Browning who is one of the world's leading fistula surgeons. Please refer to the flyer on the large notice board in the foyer for more information.

Transport can be arranged for those wishing to attend and men are most welcome also. This is a lovely day of worship and celebration with others from churches in the Diocese. Please consider attending. Should you require transport please contact me on 0417 063 286 as soon as possible so that a place in a vehicle can be allocated to you.

Elsa Sorensen.





# ANGLICAN BOARD OF MISSION

*Working for Love, Hope & Justice*

## Ordinary Sunday 19 B – Sunday 11<sup>th</sup> August 2024

- 2 Samuel 18.5-9, 14, 31-33; Psalm 130; Ephesians 4.[17-24] 25 – 5.2; John 6.35, 41-51

The human condition is so limited; hardness of heart, ignorance, prone to greed and falsehood and even, sometimes, murderous intent. Thank God that God does not despair! and indeed sent all that we need to live a renewed life, and eternal life, Jesus Christ himself, the bread of heaven.

- We give thanks that God has given us all that is good, and all that we need to be good, and we pray that we will share this generosity with all in need.
- Give thanks for the work and witness of the Anglican Primate of Australia, the Most Rev Geoff Smith

Text: Pamela Davey and  
the Rev'd Sr Jan Crombie SSA (ABM Board)

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**Next Sunday – 18<sup>th</sup> August, 2024**

**THIRTEENTH SUNDAY AFTER PENTECOST**

**8.00am – Sung Eucharist – *Presiding & Preaching – Fr Mark Watson***  
***Organist – Cliff Bingham***

**9.30am – Holy Eucharist with Baptism – *Presiding & Preaching – Fr Mark Watson***  
***Organist – Sharon Sandstrom***

**Readings:** 1 Kings 19.4-8, Psalm 34.1-8, Ephesians 4.25-5.2  
**Gospel:** John 6.35, 41-51

## **This Week**

### **Monday 12<sup>th</sup> August**

**10.00am** – Whispers of Love – A Meditation - Rev'd Ann Watson  
**1.00pm** – Women's Fellowship Meeting

### **Tuesday 13<sup>th</sup> August**

*Jeremy Taylor, bishop and spiritual writer (d. 1667)*

**7.00pm** – Trinity Band rehearsals  
**7.00pm** – Parish Council Meeting

### **Wednesday 14<sup>th</sup> August**

*Twentieth century martyrs including Grand Duchess Elizabeth of Russia (d. 1918), Maximilien Kolbe, friar (d. 1940), Maria Skobtsova, abbess in Russia (d. 1945), Martin Luther King Jr, worker for civil liberties (d. 1968), Janani Luwum, archbishop of Uganda (d. 1977), Oscar Romero, archbishop of San Salvador (d. 1980)*

### **Thursday 15<sup>th</sup> August**

**MARY, MOTHER OF OUR LORD**

### **Friday 16<sup>th</sup> August**

**10.30am** – Eucharist – Fr Mark Watson  
Readings: Ezekiel 16.1-15, 59-63, Psalm: A Song of Isaiah  
(APBA p.391)  
Gospel: Matthew 19.3-12

### **Saturday 17<sup>th</sup> August**

**8.00am – 1.00pm** - Market Day

## **Rosters for next week**

### **Friday 16<sup>th</sup> August – 10.30am**

<b>Reader</b>
Catherine Taylor

### **Sunday 18<sup>th</sup> August - 8.00am and 9.30am**

<b>Readers</b>	<b>Servers</b>
<b>8.00am</b> 1 <sup>st</sup> – Margot Bilston 2 <sup>nd</sup> – Ken Bilston	<b>8.00am</b> Neil
<b>9.30am</b> 1 <sup>st</sup> – Keith Lewis 2 <sup>nd</sup> – Sue James	<b>9.30am</b> Neil

<b>Flowers</b>	<b>Sunday Morning Tea</b>
Jackie Davidson	Joann Lilly

**The Anglican Diocese of Newcastle - The Parish of Terrigal**  
**The Church of the Holy Trinity**  
**92 Serpentine Rd, Terrigal, 2260**  
**Parish Postal Address – P.O. Box 167, Terrigal, 2260**  
**Office Phone: 4365 1115 (Office open Tuesday & Thursday 9.30am – 2.30pm)**

**Parish Email – [admin@terrigan Anglican.org.au](mailto:admin@terrigan Anglican.org.au)**  
**Website – [www.terrigan Anglican.org.au](http://www.terrigan Anglican.org.au)**  
**Facebook – <https://www.facebook.com/Terrigan Anglican>**

**Rector – The Reverend Canon Mark Watson – 4365 1374 or 0434 431 400**  
**Email – [cyprian7@bigpond.com](mailto:cyprian7@bigpond.com)**

**Associate Priests**

**The Reverend Ann Watson – 0427 135 771**  
**The Reverend Dr Richard Harvey – 0422 109 262**  
**The Reverend Bruce McAteer - 0417 229 296**

**Parish Executive**

**Rector's Warden – Ronda Kiss 0419 989 526**  
**People's Warden – Terry Rowe 0427 788 308**  
**People's Warden – Neil Ewer 0412 640 477**  
**Parish Secretary – TBA**  
**Parish Treasurer - Terry Rowe 0427 788 308**

**Parish Ministries**

**Parish Organist - Chris Sillince 0422 225 849**  
**Sacristan – C. Taylor**  
**Office Administration – Cal Priest 4365 1115**  
**Pastoral Care - Contact 4365 1115**  
**Trinity Band & Cursillo – Libby Harvey 0431 315 085**  
**Safety Officer - Mike Keaney 0412 370 716**  
**Copyright Compliance Officer – Terry Rowe 0427 788 308**  
**Parish Bookshop – Ronda Kiss 0419 989 526**  
**Women's Fellowship – June Timms 4384 2280**  
**Market Day Co-ordinator – Ian Wolstenholme 0424 135 214**

**Parish Opportunity Shop**

**Julie Laird – Ph 4365 1280**

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