

Welcome to worship at Holy Trinity, Terrigal
SIXTH SUNDAY AFTER EPIPHANY
12th February, 2023



8.00am – **Sung Eucharist *Presiding and Preaching*** –
Fr Mark Watson

Organist – *Chris Sillince*

Hymns: TIS 215, 413, 516, 622

9.30am – **Holy Eucharist with Baptism *Presiding and Preaching*** –
Fr Mark Watson

Organist – *Sharon Sandstrom*

Hymns: 'Christ, Be our Light', TIS 465, 217 (Tune: Blauenwern TIS 590), 351

[All hymns are from Together in Song unless otherwise specified.]

Prayer and anointing for healing are available at each Eucharist. If you would like prayer and anointing, please move in front of the step, at the left side of the altar, after receiving communion and a priest will come and minister to you.

ASH WEDNESDAY AND LENT 2023

Our annual Lenten journey begins on Ash Wednesday which this year is the 22nd February. With Christians around the world, following the example of Our Lord, we go into the wilderness. The wilderness is a place of clarification, of stripping down to the essentials, of focusing our lives on God. Jesus was in the tradition of holy people who spent time in the loneliness and harshness of the desert – Moses, Elijah, John the Baptist – where they were able to focus on God without material comforts and other distractions, in order to pray and spend time with God.

Various practices assist us in doing this: studying and meditating on the scriptures, prayer, fasting and abstinence, giving to the poor and needy, being more dedicated in receiving the sacraments, especially reconciliation and the Eucharist, as we seek to live out and renew our baptismal calling to daily die to sin and be raised to new life in Christ. It is a chance to clear away some of the clutter in our lives: mental, physical, and spiritual.

ASH WEDNESDAY LITURGIES

As we have done the last few years, three liturgies will be celebrated on **Ash Wednesday 22nd February**, this year. The Eucharist is celebrated and includes the Imposition of Ashes as a reminder of our mortality. We also pray a special penitential litany and receive God's forgiveness once again. The times will be **8.30am** in the Chapel, **12 midday** in the Church, and **5.00pm** in the Chapel.

The ashes used on Ash Wednesday are made by burning the palm crosses from last year's Palm Sunday liturgies. Could you please bring those palm crosses with you to church next Sunday if you haven't already, and place them in the plate marked at the door to the church.

LENTEN STUDIES

There will be two groups meeting to use the Lenten study booklets, which have been written by the Rt Rev'd Bill Ray, former Bishop of North Queensland, who prepared the Lenten studies a couple of years ago. They are called, *Lord, I'm serious this Lent*. The groups will meet on **Thursdays** at **7.30pm** and **Fridays** at **11.30am** after the 10.30am Eucharist. The groups will commence on **Thursday 23rd February** and **Friday 24th February**. The study books cost \$10.95. For those attending a study group, please pay cash on the first day of the study. If you plan to join a study group, please indicate on the sign-up sheet as you leave the services this morning. For those purchasing the study book only, but not attending a group, please place your money in an envelope with your name "Lenten study book" on the envelope and place it in the offertory plate.

Sentence

Blessed are those whose way is blameless, who walk in the law of the Lord.

Psalm 119.1

Prayer of the Day

Almighty God,
you gave the law to guide our lives:
grant that we may never shrink from your commandments,
but, as we are taught by your Spirit,
may fulfil your law in perfect love;
through Christ our Lord and Master,
who lives and reigns with you and the Holy Spirit,
one God now and for ever. **Amen.**

A Reading from Deuteronomy Chapter 10, verses 12 – 22.

¹² So now, O Israel, what does the Lord your God require of you? Only to fear the Lord your God, to walk in all his ways, to love him, to serve the Lord your God with all your heart and with all your soul, ¹³ and to keep the commandments of the Lord your God and his decrees that I am commanding you

today, for your own well-being. ¹⁴ Although heaven and the heaven of heavens belong to the Lord your God, the earth with all that is in it, ¹⁵ yet the Lord set his heart in love on your ancestors alone and chose you, their descendants after them, out of all the peoples, as it is today. ¹⁶ Circumcise, then, the foreskin of your heart, and do not be stubborn any longer. ¹⁷ For the Lord your God is God of gods and Lord of lords, the great God, mighty and awesome, who is not partial and takes no bribe, ¹⁸ who executes justice for the orphan and the widow, and who loves the strangers, providing them with food and clothing. ¹⁹ You shall also love the stranger, for you were strangers in the land of Egypt. ²⁰ You shall fear the Lord your God; him alone you shall worship; to him you shall hold fast, and by his name you shall swear. ²¹ He is your praise; he is your God, who has done for you these great and awesome things that your own eyes have seen. ²² Your ancestors went down to Egypt seventy persons; and now the Lord your God has made you as numerous as the stars in heaven.

Hear the word of the Lord.

Thanks be to God.

Psalm 119.1-8

- ¹ Blessed are those whose way is blameless:
who walk in the law of the Lord.
- ² **Blessed are those who keep his commands:
and seek him with their whole heart;**
- ³ Those who do no wrong:
but walk in the ways of our God.
- ⁴ **For you, Lord, have commanded us:
to persevere in all your precepts.**
- ⁵ If only my ways were unerring:
towards the keeping of your statutes!
- ⁶ **Then I should not be ashamed:
when I looked on all your commandments.**
- ⁷ I will praise you with sincerity of heart:
as I learn your righteous judgements.
- ⁸ **I will keep your statutes:
O forsake me not utterly.**

A Reading from the First Letter of Paul to the Corinthians, Chapter 3 verses 1 – 9

¹ And so, brothers and sisters, I could not speak to you as spiritual people, but rather as people of the flesh, as infants in Christ. ² I fed you with milk, not solid food, for you were not ready for solid food. Even now you are still not ready, ³ for you are still of the flesh. For as long as there is jealousy and quarrelling among you, are you not of the flesh, and behaving according to human inclinations? ⁴ For when one says, 'I belong to Paul', and another, 'I belong to Apollos', are you not merely human? ⁵ What then is Apollos? What is Paul? Servants through whom you came to believe, as the Lord assigned to each. ⁶ I planted, Apollos watered, but God gave the growth. ⁷ So neither the one who plants nor the one who waters is anything, but only God who gives the growth. ⁸ The one who plants and the one who waters have a common purpose, and each will receive wages according to the labour of each. ⁹ For we are God's servants, working together; you are God's field, God's building.

Hear the word of the Lord.

Thanks be to God.

Alleluia, **alleluia!**

Lift up your heads and see;
your redemption is near at hand.

Alleluia!

The Gospel of Our Lord Jesus Christ according to Matthew
Chapter 5, verses 21 – 37

Glory to you Lord Jesus Christ.

²¹ 'You have heard that it was said to those of ancient times, "You shall not murder"; and "whoever murders shall be liable to judgement."' ²² But I say to you that if you are angry with a brother or sister, you will be liable to judgement; and if you insult a brother or sister, you will be liable to the council; and if you say, "You fool", you will be liable to the hell of fire. ²³ So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, ²⁴ leave

your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift. ²⁵ Come to terms quickly with your accuser while you are on the way to court with him, or your accuser may hand you over to the judge, and the judge to the guard, and you will be thrown into prison. ²⁶ Truly I tell you, you will never get out until you have paid the last penny. ²⁷ 'You have heard that it was said, "You shall not commit adultery." ²⁸ But I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart. ²⁹ If your right eye causes you to sin, tear it out and throw it away; it is better for you to lose one of your members than for your whole body to be thrown into hell. ³⁰ And if your right hand causes you to sin, cut it off and throw it away; it is better for you to lose one of your members than for your whole body to go into hell. ³¹ 'It was also said, "Whoever divorces his wife, let him give her a certificate of divorce." ³² But I say to you that anyone who divorces his wife, except on the ground of unchastity, causes her to commit adultery; and whoever marries a divorced woman commits adultery. ³³ 'Again, you have heard that it was said to those of ancient times, "You shall not swear falsely, but carry out the vows you have made to the Lord." ³⁴ But I say to you, Do not swear at all, either by heaven, for it is the throne of God, ³⁵ or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. ³⁶ And do not swear by your head, for you cannot make one hair white or black. ³⁷ Let your word be "Yes, Yes" or "No, No"; anything more than this comes from the evil one.

For the Gospel of the Lord.

Praise to you Lord Jesus Christ.

PLEASE PRAY FOR:

Michael Hort, Lynette Brennan, Shirley Kearns, Angarad O'Malley, Tania Howlett, David Lamb, Gloria and Albert Townsend, Irene Neville, Michelle Davies, Jo, Ray Wilmot, Steve Taylor, Di. M, Jeannie Hilton, Colleen Wells, Harvey Boardman, Neil Ewer, Carmen McGee, Keith Carden, Emma Horton, Merv Singh, Melissa Moore, John Sorenson, Pam Thomas, Bob Morgan, Julie Rowe, Pam Flegg and Pamela, Dave and Geoff.

VALE – RAY MACLACHLAN

Please continue to pray for Margaret Maclachlan and her family as Margaret mourns the death of her beloved husband.

The Funeral Service for Ray will be held at Holy Trinity, Terrigal on Tuesday 14th February, 2023 at 2pm.

Offertories via Direct Debit

Offering via direct debit. Direct debit details of account:

ASDF Account: Parish of Terrigal, BSB:705-077

Account Number: 00040934

Terry Rowe, Treasurer.

Prayer of the Week

Let your merciful ears, O Lord,
be open to the prayers of your humble servants;
and that they may obtain their petitions
make them to ask such things as shall please you;
through Jesus Christ our Lord. **Amen.**

'WHISPERS OF LOVE' A MEDITATION

Meditation Reflection:

John Main wrote:

Alive with the life of God, in the Spirit .

This is important in our daily meditation. Our daily meditation is nothing less than a return to the fountainhead of life where our spirit becomes wholly immersed in the spirit of God, wholly alive with his life, wholly loving with his love.

Prayerfully, Reverend Ann.

SAMARITANS

Samaritans are back at work at Wyoming. Donations suggestions are breakfast cereal, tin fruit, pasta/sauce spaghetti, baked beans, tin vegetables, tomatoes, packet noodles, toilet paper, soap and toothpaste.

Thank you.

Margaret MacLachlan.

MARKET DAY DATES FOR 2023

Mark your calendars for the following Saturdays:

18th February, 18th March, 15th April, 20th May, 17th June,
15th July, 19th August, 16th September, 21st October,
18th November, 9th December.

Market Day hours are 8am until 1pm in our new building at the rear of the Church. The Op Shop will also be open this day. We look forward to seeing you there.

SAFE MINISTRY

ALL volunteers, please remember to complete the first nine modules of the online Safe Ministry training course as soon as possible. This is a Safe Ministry requirement. The training is only online and is free.

Here is the link: <https://ocg.nsw.gov.au/training-and-resources/elearning>

If you need to search for the course name, it is called: OCG – Child Safe – Keeping children safe in organisation e-Learning modules.

If you don't have a computer or online access, or you need help, please call Cal in the office on 4365 1115 and we will arrange for you to do it at church.

Thank you.

9.30AM READERS PLEASE NOTE

Pam Flegg is improving after a fall in Sydney and will be unable to return to the Central Coast for a few weeks. Please contact Reverend Ann if you need to speak with anyone about the Reader's Roster. Thank you.

WOMEN'S FELLOWSHIP

Our February meeting is on Monday 13th February, commencing at 1pm in the church foyer.

We will be holding our AGM followed by our monthly meeting and afternoon tea. All women are welcome to join us for a shared time of Christian Fellowship.

WORLD DAY OF PRAYER 2023
"TAIWAN"

St Patricks Catholic Church
East Gosford

Thursday 2nd March, 2023 – 10.30am

This is always a wonderful time of fellowship and prayer with fellow Christians in our area.

In 2023 The Bible Society Taiwan will partner with World Day of Prayer to promote the wellbeing of brides immigrating to Taiwan, and their families. These women often cannot speak the language and have few friends.

If you intend to be at the service on 2nd March at St Patricks, please add your name to the list on the Notice Board.

Thank you.

Audree Dash.



ANGLICAN BOARD OF MISSION
Working for Love, Hope & Justice

Ordinary Sunday 6 [Epiphany 6] – Sunday 12 February 2023

- Deuteronomy 10.12-22 or Sirach 15.15-20; Psalm 119.1-8; 1 Corinthians 3.1-9; Matthew 5.21-26

God gives us a choice – life or death. Choosing 'life' comes through obeying his commandments – in the words of the Psalmist, "Blessed are those whose ways are blameless, who walk [in] the law of the Lord." Far from judgmental, these readings all assure us of 'life', of the benefits of following God's will. First among these benefits is the emphasis on our good relationships, specifically reconciliation. In Deuteronomy is the assurance that we have been chosen in mercy, and we should therefore show mercy to others. Paul implores the Corinthians to work together for God, and in the Sermon on the Mount (Matthew), Christ teaches the importance of making our relationships peaceful ones, with emphasis on working together to achieve reconciliation with others. Here, the message is that when we work to have 'right' relationships with others, when we

work towards reconciliation, this is an act of worship, a demonstration of God's love lived through our lives.

- Give thanks to God for his righteous judgments which challenge us to reflect his love.
- Pray God will conform each of us to God's will, so that we may truly reconcile with all others, and work together as God's people.
- Give thanks for the work and witness of the Church of the Province of South-East Asia.

Text: Dr Helen Lancaster
St John's Cathedral, Brisbane
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This Week

Monday 13th February

10.00am – Whispers of Love – A Meditation [Rev'd Ann Watson]

1.00pm – Women's Fellowship – AGM and Meeting followed by afternoon tea

Tuesday 14th February

7.00pm – Parish Council Meeting

Wednesday 15th February

5.00pm – Eucharist is postponed this week.

Thursday 16th February

Friday 17th February

10.30am – Holy Eucharist [Fr Mark Watson]

Readings: Genesis 11.1-9, Psalm 33.8-17

Gospel: Mark 8.34-9.1

11.00am – Morning Tea

Saturday 18th February

8.00am – 1.00pm – Market Day

Rosters for next week 17th and 19th February

Friday 17th February 10.30am Eucharist

Reader
Catherine Taylor

Sunday 19th February 8.00am Sung Eucharist – Seventh Sunday after Epiphany

Readers	Servers
1 st – Jocelyn Mulcahy 2 nd – Lorraine Zahra	C and Ronda

Sunday 19th February 9.30am Holy Eucharist – Seventh Sunday after Epiphany

Readers	Servers
1 st – Anna Holt 2 nd – John Holt	C and Ronda

Flowers	Morning Tea
Margaret MacLachlan	Evelyn White Marie Partier Sue James

The Anglican Diocese of Newcastle - The Parish of Terrigal
The Church of the Holy Trinity
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Parish Email – admin@terrigan.org.au
Website – www.terrigan.org.au
Facebook – <https://www.facebook.com/TerriganAnglican>

Rector – The Reverend Canon Mark Watson – 4365 1374 or 0434 431 400
Email – cyprian7@bigpond.com

Associate Priests

The Reverend Ann Watson – 0427 135 771
The Reverend Dr Richard Harvey – 0422 109 262
The Reverend Bruce McAteer - 0417 229 296

Parish Executive

Rector's Warden – Ronda Kiss 43635001
People's Warden – Terry Rowe 4365 0430
People's Warden – Neil Ewer 0412 640 477
Parish Secretary - TBA
Parish Treasurer - Terry Rowe 4365 0430

Parish Ministries

Parish Organist - Chris Sillince 0422 225 849
Sacristan - Coralie Taylor
Office Co-Ordinator – Cal Priest 4365 1115
Pastoral Care - Contact 4365 1115
Trinity Band & Cursillo – Libby Harvey 0431 315 085
Safety Officer - Mike Keaney 0412 370 716
Copyright Compliance Officer – Terry Rowe 4365 0430
Parish Bookshop – Ronda Kiss 4363 5001
Women's Fellowship – Pam Flegg 4384 5326
Market Day Co-ordinator – Ian Wolstenholme 0424 135 214

Parish Opportunity Shop

Carolyn Shields/Julie Laird - 4365 1280

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