

**Welcome to worship at Holy Trinity, Terrigal
4th March, 2018
Third Sunday in Lent**



7.30am - Sung Eucharist – Presiding & Preaching –Fr Mark Watson
Organist – Chris Sillince
Baroque Organ: *'Little' Prelude & Fugue in G Minor* (J S Bach)

9.30am - Holy Eucharist -Presiding & Preaching – Fr Mark Watson
Organist – Sharon Sandstrom

[All hymns are from Together in Song unless otherwise specified.]

Prayer and anointing for healing are available at each Eucharist. If you would like prayer and anointing, please move in front of the step, at the left side of the altar, after receiving communion and a priest will come and minister to you.

A reading from the book of Exodus
Chapter 20: verses 1-17.

Then God spoke all these words:

I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the LORD your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments.

You shall not make wrongful use of the name of the LORD your God, for the LORD will not acquit anyone who misuses his name.

Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the LORD made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the LORD blessed the sabbath day and consecrated it.

Honour your father and your mother, so that your days may be long in the land that the LORD your God is giving you.

You shall not murder.

You shall not commit adultery.

You shall not steal.

You shall not bear false witness against your neighbour.

You shall not covet your neighbour's house; you shall not covet your neighbour's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbour.

Hear the word of the Lord.

Thanks be to God.

Psalm 19

The heavens declare the glory of God:
and the firmament proclaims his handiwork;

**One day tells it to another:
and night to night communicates knowledge.**

There is no speech or language:
nor are their voices heard;

**Yet their sound has gone out through all the world:
and their words to the ends of the earth.**

There he has pitched a tent for the sun:
which comes out as a bridegroom from his chamber,
and rejoices like a strong man to run his course.

**Its rising is at one end of the heavens, and its circuit to
their farthest bound:
and nothing is hidden from its heat.**

The law of the Lord is perfect, reviving the soul:
the command of the Lord is true,
and makes wise the simple.

**The precepts of the Lord are right, and rejoice the heart:
the commandment of the Lord is pure,
and gives light to the eyes.**

The fear of the Lord is clean, and endures for ever:
the judgements of the Lord are unchanging,
and righteous every one.

**More to be desired are they than gold,
even much fine gold:
sweeter also than honey,
than the honey that drips from the comb.**

Moreover, by them is your servant taught:
and in keeping them there is great reward.

**Who can know their own unwitting sins?:
O cleanse me from my secret faults.**

Keep your servant also from presumptuous sins,
lest they get the mastery over me:
so I shall be clean, and innocent of great offence.

**May the words of my mouth and the meditation
of my heart be acceptable in your sight:
O Lord, my strength and my redeemer.**

**A reading from the first letter of Paul to the Corinthians,
Chapter 1: verses 18 - 25.**

For the message about the cross is foolishness to those who
are perishing, but to us who are being saved it is the power of
God. For it is written,

'I will destroy the wisdom of the wise,
and the discernment of the discerning I will thwart.'

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling-block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Hear the word of the Lord.

Thanks be to God.

Praise to you, Lord Jesus Christ, king of endless glory!
Praise to you Lord Jesus Christ, king of endless glory!
God loved the world so much, he gave us his only Son,
That all who believe in him might have eternal life.
Praise to you, Lord Jesus Christ, king of endless glory

**The Gospel of our Lord Jesus Christ
according to John, chapter 2: verses 13-22.**

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money-changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money-changers and overturned their tables. He told

those who were selling the doves, 'Take these things out of here! Stop making my Father's house a market-place!' His disciples remembered that it was written, 'Zeal for your house will consume me.' The Jews then said to him, 'What sign can you show us for doing this?' Jesus answered them, 'Destroy this temple, and in three days I will raise it up.' The Jews then said, 'This temple has been under construction for forty-six years, and will you raise it up in three days?' But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

The Gospel of the Lord

Praise to you, Lord Jesus

MEDITATION 'WHISPERS OF LOVE'

MONDAY 10.00 AM AT HOLY TRINITY.

Reflection

The community of faith is indeed the climate and source of all prayer

Many people tend to associate prayer with separation from others, but real prayer brings us closer to our fellow human beings

Henri Nouwen

Prayerfully Reverend Ann

SAFE MINISTRY TRAINING

A full day workshop is being held at Christ Church, Mann Street, Gosford on the 7th April, 2018 from 9am until 4pm.

There is also a refresher half day course at St James, Byron St, Wyong on the 17th March, 2018 from 9am until Noon.

If you believe you may need to participate in a course, please contact Kyara Newport or the office for a copy of the registration form.

Thank you

LENTEN LITURGICAL PRACTICES

Lent is not primarily a re-enactment of Jesus' 40-day fast in the wilderness, although that is a secondary emphasis. Rather, Lent has its origins in the period of preparation of candidates for baptism at Easter. Later, those who had been excommunicated for serious and public sin underwent a rigorous penance leading to their readmission to communion at Easter. In time, the Church realised the benefit of *all* Christians going through a period of prayer, fasting, penitence, and almsgiving.

'Giving up' certain things in Lent is expressed liturgically by a greater simplicity in worship. This helps our focus on penitence and provides a stark contrast to the joyfulness of the Easter celebration. We omit the singing of the *Gloria in excelsis* and the *Alleluia* at the Eucharist; later in Lent, on the Fifth Sunday, we veil the icons and processional cross and remove some of the decorations from the church to divert our eyes and hearts inwards for reflection; we remove the paschal candle; we sing more reflective hymns, avoiding the word 'Alleluia'; we use violet hangings and vestments. This is to create an atmosphere of simplicity and austerity but not dreariness. We keep an eye on the themes of cross and resurrection, new birth and baptism, light and life.

As we journey through Lent, let these liturgical practices and our own acts of discipline, abstinence and alms-giving, be an aid to our devotion and prayerfulness.

Fr Mark

TODAY, 4TH MARCH, 2018 – 6.00pm

Parish Dinner at the Bowlo.

For catering purposes please place your name on the list on the noticeboard.

Daily Review of Life

(also called 'The Examination of Consciousness')

In this kind of prayer, I am not trying to “achieve” anything. I am not trying to change the world or change God. I am simply wanting to PAY ATTENTION. God has been with me all through the day, but much of the time I have not been aware of this fact.

God has been trying to guide me, but I haven't always been listening. This type of prayer is about waking up.

This kind of prayer assumes that God is constantly trying to call me to deeper life in Christ and that I can become more sensitive to that call by paying careful attention to my feeling responses through the day.

Step 1: Become present to the moment.

Wherever I am (under a tree; at home; sitting in the train), become aware of the present moment. Observe what I can taste, smell, see, hear, touch. Become aware of any tension in my body (without trying to change or “fix” it). Become aware of the fact that, by God's grace, I am breathing.

Step 2: Placing myself within the “big story”: the Paschal Mystery

Begin by reading and reflecting on a passage of scripture such as from Daily Bible reading notes or a “one-year Bible” or a lectionary.

Step 3: Recollection

Think over what I have done today, since I woke up – all the various activities that I have done and people I have met.

Step 4: Thanksgiving

For what today do I feel most grateful? For example:

- When did I feel especially connected to God or another human being?
Where was Christ today?
- Were there moments when I felt fully alive?
- Were there moments when I felt joy, peace, or compassion (which might have included tears)?
- Were there any moments when I felt really good about loving myself or another person?
- Were there moments when I made a difficult but loving decision?

Feel again the goodness of those moments and thank God for them.

Step 5: Confession

For what today do I feel least grateful? For example:

- When did I feel especially disconnected from God or from another person?
- Were there moments when I was aggressive or abusive of another person?
- Were there moments when I felt disappointment/non-productive anger, stress, or agitation?
- Were there moments when I avoided a necessary action?

In relation to any of the above, ask myself:

- a) What was the unmet need in me?
- b) What underlying assumptions/values were operating in me?

Thank God for these feelings as opportunities to allow God's grace to work in me.

Step 6. Intention/reorientation of desire

- What might I desire to do more of? (laying aside "shoulds/oughts")
- What do I desire to do less of?
- What do I desire to do differently?
- How do I desire for God to help me? (see Romans 7:14-20)

Step 7: Absolution

Finish by making a personal statement which reminds me of God's forgiveness, mercy and absolute love for me and God's world. An example is given below, along with Psalm 139.

God loves me. God wants me to have abundant life. I can do nothing to earn or achieve this love. Nothing I have done or could ever do can separate me from God's love in Christ. This love does not depend on what I think of myself or what other people think of me. My entire value depends on the fact that I am made in God's image and am God's creation. In God's eyes, I am the one who God made and loved before I ever uttered a word or thought a thought. God loves me.

This Week

Monday 5th March

10.00am – Whispers of Love

Tuesday 6th

7.00pm – Trinity Band & Singers Rehearsal

Wednesday 7th

2.00pm – Tarragal Glen Ecumenical Service (*Fr Mark*)

5.00pm - Holy Eucharist

5.30pm - Sacred Reading (*Fr Roy*)

Thursday 8th

8.00am - Morning Prayer

10.00am – Pastoral Care Meeting

7.30pm – Lenten Study at the Rectory

Friday 9th

Sister Emma SSA, Superior of the Society of the Sacred Advent, Qld. (d.1939)

8.00am - Morning Prayer

World Day of Prayer at Christ Church Gosford

10.30am - Holy Eucharist [*Fr Mark Watson*] and morning tea

Readings – Hosea 14. 2-10; Psalm 81.6-10; Mark 12. 28-34

11.30am – Lenten Bible Study

Saturday 10th

8.00am – Garden Working Bee

Please pray for

Barbara Matthews, Denise King, Maureen H., Marie Partier,
Barry Stokes, Joel, Sue Wilkinson, Sue Maxwell

Next Sunday – 11th March, 2018

7.30am – Sung Eucharist - Presiding & Preaching – Fr Mark Watson

Organist – Chris Sillince

9.30am – Holy Eucharist - Presiding & Preaching – Fr Mark Watson

Music – Trinity Band & Singers

Eucharistic Readings:

Numbers 21.4–9; Psalm 107. 1-3, 17-22; Ephesians 2. 1-10; John 3. 14-21

Rosters for Sunday 11th March

7.30am

| Greeter | Sidesperson | Readers | Servers |
|------------|-------------|---------------------------|---------|
| B. Willets | N. Ewer | N. Ewer, M. Maclachlan | |

9.30am

| Greeter | Sidesperson | Readers | Servers |
|--------------------------------|---------------------|----------------------------|---------|
| L. & D. Harvey | L. Meakins | J. Thompson, I. Horsley | |
| Morning Tea | Counting Roster | | Flowers |
| J. Rowe, M.Meakens, J. Cook | J. Holt, B. Hancock | | Lent |

DATES FOR THE DIARY – 2018

Sunday 11th March – Mothering Sunday

Monday 12th March - 1.00pm – Women’s Fellowship Meeting

Wednesday 13th March – 10.00am – Eucharist and singalong Tarragal Glen

Thursday 15th March – 10.30am – Eucharist at the Pod {Fr Mark}

Friday 16th March – 1.00pm – Market Day set-up

Saturday 17th March – 8.00am -1.00pm – Market Day

Sunday 19th March – 3.30 – 5.30pm – Messy Church

Friday 23rd March – 10.30am – Eucharist at Woodport Aged Care {Revd Ann}

**Anglican Board of Mission
Working for Love, Hope & Justice**

ABM LENT APPEAL 2018 supports: The Aboriginal and Torres Strait Islander Mission Fund. The Aboriginal and Torres Strait Islander Anglican Church seek to work to challenge violence and injustice, respond to human need and build flourishing communities of hope. With guidance from the National Aboriginal and Torres Strait Islander Anglican Council (NATSIAC), ABM makes small grants available to projects which express the marks of mission and empower First Nations people.

Aboriginal and Torres Strait Islander mission grants support missional activities led by Aboriginal and Torres Strait Islander people.

Coralie Taylor Mission Secretary



Mothering Sunday is 11th March and on Saturday 10th March Women's fellowship will be making posies from 10:00am for Sunday – come help!

Women's Fellowship March meeting will be an open invitation to all to join us for a fun afternoon to explore what we do. Please join us on Monday 12th March at 1:00pm afternoon tea will be supplied.

The Parish of Terrigal warmly welcomes you.

We offer many opportunities for meeting together ...

to worship and pray; to study Scripture and theology; to share fellowship, caring and support; and to celebrate real relationships which are divinely life-giving.

These opportunities normally include ...

Sunday Worship at Holy Trinity

7.30am - Sung Eucharist and 9.30am – Holy Eucharist

3rd Sunday in the month - Messy Church

between 3.30pm and 5.30pm

Weekly Worship at Holy Trinity

Tues to Friday - 8.00am - Morning Prayer

Friday at 10.30am - Eucharist

1st Tuesday at 2.00pm - Tarragal Glen Eucharist

2nd Wednesday at 10.00am - Tarragal House Eucharist/concert

Wednesday at 5:00pm – Holy Eucharist

3rd Thursday at 10.00am - Eucharist at The Pod [Aurrum]

4th Friday – 10.30am – Eucharist at Woodport Aged Care

VARIOUS PARISH MINISTRIES

‘Whispers of Love’ - a meditation (Monday at 10.00am); Women’s Fellowship (2nd Monday at 1.00pm); Parish Council (2nd Tuesday at 7.30pm); Trinity Band (Rehearsal - Tuesday at 7.00pm) (Playing at the 9.30am Sunday - 2nd and 4th Sundays); Sacred Reading (Wednesday at 5.30pm); Pastoral Care (2nd Thursday at 10.00am); Bible Study (Friday at 11.45am); Messy Church Planning Meeting (1st Saturday at 10.00am) ; Gardening (2nd Saturday from 8.00am); Market Day (3rd Saturday from 8.00am)

Parish contact - (02) 4365 1115 or mobile 0427 135 771

Holy Trinity Opportunity Shop ... contact (02) 4365 1280

The liturgical text we are using for this service is from *A Prayer Book for Australia* (Sydney: Broughton Books, ©1995, The Anglican Church of Australia Trusts Corporation, 1996 and used with permission – ePray licence No.230

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Parish Directory

The Church of the Holy Trinity – 92 Serpentine Rd, Terrigal, 2260

Parish Postal Address – P.O. Box 167, Terrigal, 2260

Office Telephone - 4365 1115.

Parish Email – admin@terrigalanglican.org.au

Website - www.terrigalanglican.org.au

Rector – The Reverend Canon Mark Watson – 4365 1374 or 0434 431 400

Email - cyprian7@bigpond.com

Associate Priests

The Reverend Ann Watson –4365 1065 or 0427 135 771

The Reverend Roy Hazlewood - 4393 0114

The Reverend Dr Richard Harvey – 0422 109 262

The Reverend Bruce McAteer - 0417 229 296

Parish Executive

Terry Rowe (4365 0430) - People's Warden

Kyara Newport (4384 3997) - People's Warden

Parish Secretary - Kyara Newport (4384 3997)

Parish Treasurer - Terry Rowe (4365 0430)

Parish Ministries

Parish Organist - Chris Sillince - 0422 225 849

Sacristan and Mission Secretary - Coralie Taylor

Office Manager - Bev Broadley - 4367 6066

Messy Church Convenor - Rhonda Kiss – 4363 5001

Pastoral Care - contact - 4365 1115

Cursillo – Libby Harvey – 0431 315 085

Safety Officer - Mike Keaney

Copyright Compliance Officer – Terry Rowe

Parish Bookshop – Kyara Newport

Market Day Co-ordinator – George Jessup - 4368 2237

Parish Opportunity Shop

Carolyn Shields / Christine De Gans - 4365 1280

**The Op Shop is open Tuesday to Friday from 9.00am to 4.00pm
and each Saturday from 10.00am to 1.00pm**