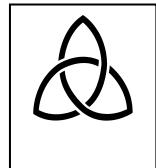


**The Anglican Diocese of Newcastle
The Parish of Terrigal**



Welcome to worship at Holy Trinity
The Fifth Sunday after Epiphany
5th February, 2017



7.30am - Sung Eucharist - *Presiding & preaching – Fr. Mark Watson*

9.30am - Holy Eucharist - *Presiding & preaching – Fr. Mark Watson*

Prayer and anointing for healing are available at each Eucharist. If you would like prayer and anointing, please move in front of the step, at the left side of the altar, after receiving communion and a priest will come and minister to you.

**Reading from the book of Isaiah
Chapter 58: Verses 1 – 12.**

Shout out, do not hold back!

Lift up your voice like a trumpet!

Announce to my people their rebellion,

to the house of Jacob their sins.

Yet day after day they seek me

and delight to know my ways,

as if they were a nation that practised righteousness

and did not forsake the ordinance of their God;

they ask of me righteous judgements,

they delight to draw near to God.

'Why do we fast, but you do not see?

Why humble ourselves, but you do not notice?'

Look, you serve your own interest on your fast-day,

and oppress all your workers.

Look, you fast only to quarrel and to fight

and to strike with a wicked fist.

Such fasting as you do today

will not make your voice heard on high.

Is such the fast that I choose,

a day to humble oneself?

Is it to bow down the head like a bulrush,

and to lie in sackcloth and ashes?

Will you call this a fast,

a day acceptable to the LORD?

Is not this the fast that I choose:

to loose the bonds of injustice,

to undo the thongs of the yoke,

to let the oppressed go free,

and to break every yoke?

Is it not to share your bread with the hungry,

and bring the homeless poor into your house;
when you see the naked, to cover them,
and not to hide yourself from your own kin?
Then your light shall break forth like the dawn,
and your healing shall spring up quickly;
your vindicator shall go before you,
the glory of the LORD shall be your rearguard.
Then you shall call, and the LORD will answer;
you shall cry for help, and he will say, Here I am.

If you remove the yoke from among you,
the pointing of the finger, the speaking of evil,
if you offer your food to the hungry
and satisfy the needs of the afflicted,
then your light shall rise in the darkness
and your gloom be like the noonday.
The LORD will guide you continually,
and satisfy your needs in parched places,
and make your bones strong;
and you shall be like a watered garden,
like a spring of water,
whose waters never fail.
Your ancient ruins shall be rebuilt;
you shall raise up the foundations of many generations;
you shall be called the repairer of the breach,
the restorer of streets to live in.

Hear the word of the Lord.

Thanks be to God

Psalm: 112

O praise the Lord. Blessed are they fear the Lord:
and greatly delight in his commandments.

**Their children shall be mighty in the land:
an upright race who will be blessed.**

Riches and plenty shall be in their house:
and their righteousness shall stand for ever.

**Light arises in darkness for the upright:
gracious and merciful are the righteous.**

It goes well with those who act generously and lend:
who guide their affairs with justice.

**Surely they shall never be moved:
the righteous shall be held in everlasting remembrance.**

They will not fear bad tidings:
their hearts are steadfast, trusting in the Lord.

**Their hearts are confident and will not fear:
they will see the downfall of their enemies.**

They give freely to the poor:
their righteousness stands for ever,
their head is uplifted in glory.

**The wicked shall see it and be angry:
they shall gnash their teeth and consume away;
and the hope of the wicked shall fail.**

A Reading from the first Letter of Paul to the Corinthians, Chapter 2. 1-13.

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written,
'What no eye has seen, nor ear heard,
 nor the human heart conceived,
what God has prepared for those who love him'—
these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual.

Hear the word of the Lord.

Thanks be to God.

Alleluia, alleluia!

I am the light of the world, says the Lord;
those who follow me
will have the light of life. **Alleluia!**

The Gospel of our Lord Jesus Christ

according to St. Matthew, Chapter 5, verses 13-20

'You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

'You are the light of the world. A city built on a hill cannot be hidden. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

'Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.

The Gospel of the Lord

Praise to you, Lord Jesus Christ

Please pray for

Barbara Matthews, Keith Williams, Paul Catanzariti, Joel,
Kate Ross, Denise King, Rosemary Hill

**We prayerfully remember
Pat Dreis & Mary Abberton**

TODAY 5TH FEBRUARY, 2017 – 6.00pm

Parish Dinner at the Bowlo.

For catering purposes please place your name on the list on the noticeboard.

BCA BOXES

It is time to return your BCA boxes for counting and then the money can be forwarded to BCA. Please bring them in over the next two weeks.

Thank you, Kath Connor-Brown

UPDATING PASTORAL CARE ROLL

We will be shortly updating our Pastoral Care Roll. If you have changed your address, phone or email contacts in the past twelve months we would be grateful if you could complete a form which can be found on the side table as you enter the church. This form can then be given to Bev Broadley or Kyara Newport.

Thank you

WHISPERS OF LOVE

Meditation group meeting begins for 2017 on Monday 6 February 10 am.
All welcome

The goodness of God is the highest object of prayer and it reaches down to our lowest need.

Julian of Norwich
Prayerfully Ann

This Week

FIFTH SUNDAY AFTER EPHIPHANY

Monday 6th February
10.00am – Whispers of Love

Tuesday 7th February
8.45am – 1.30pm - Maestro Possums
2.00pm – Tarragal Glen Eucharist [Rev'd. Ann]
7.00pm – Trinity Band & Singers Rehearsal

Wednesday 8th February
10.00am – Tarragal House Eucharist/Concert [Fr. Mark]
5.00pm – Holy Eucharist
5.30pm – Sacred Reading

Thursday 9th February
10.00am - Pastoral Care Meeting

Friday 10th February
8.00am – Morning Prayer
8.45am – 1.30pm - Maestro Possums
10.30am - Holy Eucharist [Fr. Mark] and morning tea
Readings – Genesis 3. 1-8; Psalm: 32.1-8; Mark 7. 31-37
11.45am – Friday Bible Study

Saturday 11th February
8.00am – Garden Working Bee

FOOD NEEDED FOR SAMARITANS AT WYOMING

The following is a list of food the Samaritans at Wyoming are needing to help their clients. If you could assist with these supplies it would be appreciated:

Pasta, tinned fruit, milk, cereal, jams, toiletries-mens and womens.

At present they do not require soups.

Thank you , Margart MacLachlan, Samaritans representative

Next Sunday – 12th February, 2017

Sixth Sunday after Epiphany

7.30am – Sung Eucharist *Presiding & preaching – Fr. Mark - Organist –Chris Sillince*

9.30am – Holy Eucharist *Presiding & preaching – Fr. Mark- Music-Trinity Band & Singers*

Eucharistic Readings:

Deuteronomy 10.12-22; Psalm 119.1-8; 1 Corinthians 3. 1-9; Matthew 5: 21-37

DATES FOR THE DIARY – 2017

Monday 13th February – 1.00pm – Woman's Fellowship Meeting and AGM

Tuesday 14th February – 7.30pm – Parish Council Meeting

Thursday 16th February - 10.00am - Eucharist at The Pod *[Fr. Mark]*

Friday 17th February – 1.00pm – Market Day Preparations

Saturday 18th February - 8.00am – 1.00pm – Market Day

Sunday 19th February – 3.30—5.30pm – Messy Church

Sunday 26th February – 11:30am – Annual General Meeting

Wednesday 1st March – Ash Wednesday

Wednesday 1st March – 2.00pm - Ecumenical Service at Tarragal Glen

Sunday 5th March - 6.00pm – Parish Dinner at the Bowlo

Tuesday 7th March – 2.00pm – Tarragal Glen Eucharist *[Rev'd.Ann]*

Wednesday 8th March - 10.00am – Tarragal House Eucharist/Concert *[Fr. Mark]*

Thursday 9th March – 10.00am - Pastoral Care Meeting

Saturday 11th March – 8.00am – Garden Working Bee

Monday 13th March – 1.00pm – Women's Fellowship Meeting

Tuesday 14th March – 7.30pm – Parish Council Meeting

Thursday 16th March - 10.00am - Eucharist at The Pod *[Fr. Mark]*

Friday 17th March – 1.00pm – Market Day Preparations

Saturday 18th March - 8.00am – 1.00pm – Market Day

Sunday 19th March – 3.30—5.30pm – Messy Church

Sunday 2nd April - 6.00pm – Parish Dinner at the Bowlo

Sunday 9th April – Palm Sunday

Saturday 15th April - 8.00am – Parish Clean up working bee

Sunday 16th April – Easter Day

ACKNOWLEDGEMENT

The liturgical text we are using for this service is from *A Prayer Book for Australia* (Sydney: Broughton Books, ©1995,

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Hymns are reproduced from *Together in Song*, Harper Collins Publishers, East Melbourne, 1999. with permission. CCLI 89783.

The Parish of Terrigal warmly welcomes you.

We offer many opportunities for meeting together ...

to worship and pray; to study Scripture and theology; to share fellowship, caring and support; and to celebrate real relationships which are divinely life-giving.

These opportunities normally include ...

Sunday Worship at Holy Trinity

7.30am - Sung Eucharist and 9.30am – Holy Eucharist

3rd Sunday in the month - Messy Church
between 3.30pm and 5.30pm

Weekly Worship at Holy Trinity

Tuesday to Friday - 8.00am - Morning Prayer

5.00pm – Wednesday – Holy Eucharist

Friday at 10.30am – Holy Eucharist

1st Tuesday at 2.00pm - Tarragal Glen Eucharist

2nd Wednesday at 10.00am - Tarragal House Eucharist/concert

3rd Thursday at 10.00am - Eucharist at The Pod [Aurum]

4th Friday at 11.00am –Holy Eucharist at Woodport Aged Care

VARIOUS PARISH MINISTRIES

'Whispers of Love' - a meditation (Monday at 10.00am); Women's Fellowship (2nd Monday at 1.00pm); Parish Council (2nd Tuesday at 7.30pm); Trinity Band (Rehearsal - Tuesday at 7.00pm) (Playing at the 9.30am Sunday - 2nd and 4th Sundays); Sacred Reading (Wednesday at 5.30pm); Pastoral Care (2nd Thursday at 10.00am); Bible Study (Friday at 11.45am); Messy Church Planning Meeting (1st Saturday at 10.00am) ; Gardening (2nd Saturday from 8.00am); Market Day (3rd Saturday from 8.00am)

Parish contact - (02) 4365 1115 or mobile 0434 431 400

Holy Trinity Opportunity Shop ... contact (02) 4365 1280

Parish Website – www.terrigalanglican.org.au

Parish Directory

The Church of the Holy Trinity – 92 Serpentine Rd, Terrigal, 2260
Parish Postal Address – P.O. Box 167, Terrigal, 2260
Office Telephone - 4365 1115.

Parish Email – admin@terrigalanglican.org.au

Website - www.terrigalanglican.org.au

Rector – The Reverend Canon Mark Watson – 4365 1374 or 0434 431 400
Email - cyprian7@bigpond.com

Associate Priests

The Reverend Ann Watson – 4365 1065 or 0427 135 771

The Reverend Roy Hazlewood - 4393 0114

The Reverend Richard Harvey – 0422 109 262

Parish Executive

Keith Watson (4365 1065) - Rector's Warden

Terry Rowe (4365 0430) - People's Warden

Kyara Newport (4384 3997) - People's Warden

Parish Secretary - Kyara Newport (4384 3997)

Parish Treasurer - Terry Rowe (4365 0430)

Parish Ministries

Parish Organist - Chris Sillince - 0422 225 849

Sacristan and Mission Secretary - Coralie Taylor

Office Manager - Bev Broadley - 4367 6066

Messy Church Convenor - Rhonda Kiss - 4367 6981

Pastoral Care - contact - 4365 1115

Cursillo - Keith Watson - 4365 1065

Safety Officer - Mike Keaney

Copyright Compliance Officer - Barbara Matthews

Parish Bookshop – Kyara Newport

Market Day Co-ordinator – George Jessup - 4368 2237

Parish Opportunity Shop

Carolyn Shields / Christine De Gans - 4365 1280

**The Op Shop is open Tuesday to Friday from 9.00am to 4.00pm
and each Saturday from 10.00am to 1.00pm**